



Mudsock Youth Football Fall 2023



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Goal: The purpose of the Mudsock Youth Football program is:

1. To develop and maintain a properly supervised football league for youth living within the HSE School District in kindergarten to sixth grades.
2. To promote improved community relations by demonstrating an interest in the youth of our community.
3. To encourage physical and mental growth through keen competition.
4. To emphasize good citizenship and scholastic achievement.
5. To nurture good sportsmanship and a sense of fair play.

Divisions: Our football league is divided into different levels, based upon the player's grade in the upcoming school year.

Flag Offerings: **NEW OPTIONS FOR ALL-FEMALE TEAMS**

Co-ed K/1st and 2nd grade flag: This is a non-contact league.

NEW all-female 3rd/4th and 5th/6th grade flag: This is a new non-contact league. Thank you for helping us spread the word. We will move forward if there is enough interest in each age group. Please note, games will be played on **Monday nights between 6 – 8 p.m.**, rather than Saturdays, to encourage players to try out this new offering who may be participating in other fall sports under the MYA umbrella. Email fhseyfb@gmail.com with questions.

Rookie, Modified and Tackle Offerings:

3rd Grade Rookie Tackle: This division is based on USA Football's Rookie Tackle program. The purpose is to help start a transition from the flag leagues and prepare athletes for 11 vs. 11 football. Games are 7 vs. 7 and all players have an opportunity to carry the football.

4th Grade Modified Tackle: Games are 9 vs. 9 tackle football with rules transitioned towards NFHS (high school) rules.



5th and 6th Grade Tackle Rec League: The goal of the 5th and 6th grade league is to prepare athletes for junior high football and is largely based on the Indiana High School Athletic Association's football rules. It is 11 vs. 11 full contact football. Weight limits exist for ball carriers.

Travel Offering:

Knights: The travel program provides our youth players with an opportunity to compete at the highest level against the best competition from other leagues in central Indiana and around the state. The travel football program is available to 5th and 6th grade tackle players.



As a family-owned company, Meijer aims to enrich the lives of families in the communities we serve and help ensure they are great places to live, work and play. Meijer is honored to partner with Mudsock Youth Athletics in its mission of bringing sports to local kids and support them in learning valuable life skills, building friendships, getting active and, most importantly, having fun!

Registration: Open fall registration will be held the month of May 2023. Registration will be accepted online at myathletics.com. Fall fees (early bird pricing) will be as follows:

- Co-ed Flag leagues (k-2nd) the cost is \$125
- All-Female Flag leagues "Monday Night Football" (3rd-6th) the cost is \$125
- Tackle leagues (3rd-6th) the cost is \$225
- Knights' fee is additional and will be detailed by that program

There will be a multi-player discount available for families registering three or more children. Early bird pricing will be available during the month of May. Beginning June 1st, registration fees will increase.

Evaluations: Rookie, modified and tackle players must be evaluated before they are placed on a team. Players are evaluated by coaches who have been trained in the USA Football standards and evaluations will take place in July.



Time Commitment: The league runs from late July through October. Weekly time commitment varies slightly by grade. Teams may practice up to twice per week. Most games are on Saturday, but occasional weeknight games are possible. *All-female flag offerings will have a weekday practice and a set weekday game scheduled each week.

Team Selection: Every effort is made to balance teams. Rookie, modified and tackle players are required to be evaluated. Teams are balanced before coaches are selected to ensure optimal competition.

Refund Policy:

For the fall 2023 season, the refund policy will be as follows:

May 1 – June 15th – Refund after \$32 non-refundable fee

June 16th – July 15th – 50% refund after the \$32 non-refundable fee

July 16th – July 31st – 25% refund after the \$32 non-refundable fee

After July 31st – No refund

Any additional fees incurred for registration completed after May 31st are also non-refundable.

Coach Selection: Coaches are selected based on applications. All coaches are required to have a background check on file and are required to complete safety training and the USA Football certification annually.

Playing Time: Except for the Knights program, all divisions strive for equal playing time.

Equipment Needed: The following items are needed based on the division you participate in:

Flag - mouthguard, molded cleats, gym shorts

*Athletes participating in the flag league will receive additional equipment when their team begins practice.

Tackle (3rd-6th) - white football pants w/ pads, practice jersey, mouthguard, molded cleats

*The league will provide footballs, helmets, shoulder pads, jerseys, and socks if applicable to your child's division. Multiple equipment distribution nights will be held in late-June and early to mid-July.

Grades K-4th uses a Pee wee size football and 5th and 6th uses a junior size football.



Our Calendar: Stay up to date with everything happening with Mudsock Youth Football using the calendar on our site [here](#). Please note we will input D1 summer conditioning, draft, evaluation, Jamboree dates and more. While the calendar is a great resource for league-wide events, players individual practice and games schedules will be populated in Sports Connect.

Connect With Us:

Visit our site football.myathletics.com.
Follow us on [Twitter](#), [Facebook](#) and [Instagram](#).
Meet our [2023 Board of Directors](#).

2023 Sponsorship Opportunities: We currently have over 600 participants in Mudsock Youth Football. By becoming a corporate or division sponsor, you are helping us keep kids active and engaged in our community, while giving your business significant exposure to the families in our program.

Join us as a [corporate sponsor](#).
Join us as a [division sponsor](#).



Forté Sports Medicine and Orthopedics is honored to partner with Mudsock Youth Athletics as the official orthopedic and sports medicine provider. Forté's highly skilled, fellowship trained orthopedic surgeons and staff provide comprehensive, specialized sports medicine and orthopedic care to patients of all ages. Forté's certified athletic trainers offer on-site injury prevention consultation and injury screenings for Mudsock Youth Athletics leagues. For sudden injuries, Forté Fast Orthopedic Care, located in the Carmel and Noblesville clinics, offers same-day access to a specialist and treatment plan to get you or your family feeling better, faster. Learn more about [Forté Fast Orthopedic Care for Mudsock Youth Athletics and families](#).

