



Mudsock Field Hockey

Fall 2023



As a family-owned company, Meijer aims to enrich the lives of families in the communities we serve and help ensure they are great places to live, work and play. Meijer is honored to partner with Mudsock Youth Athletics in its mission of bringing sports to local kids and support them in learning valuable life skills, building friendships, getting active and, most importantly, having fun!

Join Mudsock Field Hockey for our 2023 fall recreational season. We offer a full recreational co-ed field hockey program for players in grades 2nd through 11th. Please note, while weekday practices take place at Holland Park, some Saturday games (8/26, 9/9, 9/23 and 10/7) will take place at the Grand Park Campus in Westfield. All other Saturday games besides these dates, will take place at Holland Park. Mudsock Field Hockey divides participants into beginner and advanced divisions based on their ability and experience. No previous playing experience is required, and opportunities will be available for competitive and non-competitive play. Please register for the participant's current grade during the 2023-2024 school year.

Registration

Open fall registration will be held the month of May 2023. Registration will be accepted online at myathletics.com. Fall fees (early bird pricing) will be as follows:

- Returning Players with stick (2nd – 11th) \$120
- New Player without stick (2nd – 11th) \$135

There will be a multi-player discount available for families registering three or more children. Early bird pricing will be available during the month of May. Beginning June 1st, registration fees will increase.

Refund Policy

For the fall 2023 season, the refund policy will be as follows:

May 1st – June 15th – Refund after \$32 non-refundable fee

June 16th – July 15th – 50% refund after the \$32 non-refundable fee

July 16th – July 31st – 25% refund after the \$32 non-refundable fee

After July 31st – No refund

Any additional fees incurred for registration completed after May 31st are also non-refundable.



Forté Sports Medicine and Orthopedics is honored to partner with Mudsock Youth Athletics as the official orthopedic and sports medicine provider. Forté's highly skilled, fellowship trained orthopedic surgeons and staff provide comprehensive, specialized sports medicine and orthopedic care to patients of all ages. Forté's certified athletic trainers offer on-site injury prevention consultation and injury screenings for Mudsock Youth Athletics leagues. For sudden injuries, Forté Fast Orthopedic Care, located in the Carmel and Noblesville clinics, offers same-day access to a specialist and treatment plan to get you or your family feeling better, faster. Learn more about [Forté Fast Orthopedic Care for Mudsock Youth Athletics and families](#).

Season Highlights

The season will run for nine weeks from August 5th through October 7th. It will consist of a mid-week practice at Holland Park and a game. Please note that some Saturday games (8/26, 9/9, 9/23, and 10/7, will be played at Grand Park in Westfield. All other season games will take place at Holland Park. Participants will receive team information at least two weeks prior to their first practice. Every attempt will be made to reschedule any cancelled games due to weather or field conditions for the following Sunday afternoon (8 days post with the exception of holidays).

Coach Information

All our teams are coached by former Division I, II and III field hockey athletes and parent volunteers. Please keep this in mind throughout the season. Persons interested in coaching or volunteering in any capacity (we LOVE volunteers!) can mark their intent on their child's online registration form or email MYAfieldhockey@gmail.com directly. You do not have to have experience to volunteer. All volunteers are required to submit a background check and complete online concussion training. Coaches are required to attend a preseason coach's meeting. Please also list on the registration form if you are interested in being a league sponsor or volunteering on the field hockey board. We would love to have you.

Payments/Refunds

A player is not considered registered with Mudsock Field Hockey until payment is received or other arrangements have been made through the Mudsock Youth Athletics office. Scholarships are available during open registration (May 1st – May 31st) for those children who qualify for free or reduced lunch within the HSE School District.

Player Equipment

Mudsock Field Hockey will provide a team t-shirt for all participants. A field hockey stick is provided to all new players.

Additionally, players are responsible for bringing the following items to each practice and game:

- **Ample fresh water.**
- **Shin guards:** Players may not participate without shin guards.
- **Mouthguard:** Players may not participate without a mouthguard.
- **Footwear:** Athletic shoes/cleats. No player may participate while wearing shoes with a toe cleat, (i.e. baseball cleats).

- ***Field Hockey Stick:** Returning players can reuse their sticks from previous seasons. Should a player need a different size, there will be an opportunity to trade in the stick at the beginning of the season for the appropriate size.

Players are NOT permitted to wear jewelry during practice or games. Players should not pierce their ears in close proximity to the season as the earrings and other jewelry will have to be removed to play.

*Please note, Mudsock Field Hockey will have coaches onsite to size athletes and recommend the appropriate stick for their skill level at the first practice.

We look forward to a fun and successful season with all our athletes!



Franciscan Health is a proud partner of Mudsock Youth Athletics. Open in Carmel, our Franciscan ExpressCare is ready to see you for all your urgent care needs. We treat minor illness and injuries in-person or virtually. No appointment needed. Walk-ins welcome! For more information or to launch a virtual urgent care visit, go to FranciscanExpressCare.org and Get in. Get out. Get better!

