



## **PLAYER COMMITMENT**

CONGRATULATIONS! You have been selected to become a member of GEORGIA RUSH. As a member of GEORGIA RUSH, you will play other Academy, Select and R3NL teams in the Metropolitan Atlanta area as well as teams from other cities in Georgia, participate in area (and perhaps national) tournaments with other competitive teams, and possibly compete for the State of Georgia championship in your age division. You will practice at the finest facility in the North Fulton area under the supervision of a group of dedicated coaches and staff.

At this level of competition, the difference between being ordinary and being extraordinary is a little extra effort. Success and fun on the soccer field comes with the willingness to not say I can't but instead I will try my best. The will to win is not enough; you must also have the will to prepare to win. We are speaking of more than just the effort it takes to show up at the soccer field on the day of the game. We are talking now about the kind of effort that involves some hard work, some choices about the way in which you wish to spend your free time, and perhaps some sacrifices on your part. Consider carefully the following commitments that each team member must make:

1. I promise to arrange my schedule so that I can come to practice regularly and on time, and to participate in scheduled games and tournaments.
2. I promise to work hard at practice to improve my soccer skills and my understanding of the game.
3. I promise that, at practice, I will give the coaches my full attention. When the coaches are talking, I will stop talking, keep my ears open, and my eyes on the coaches. I will not distract others during the practice session.
4. I promise to do whatever is asked of me on the soccer field, without complaining, for the good of the team.
5. I promise always to encourage, and never to criticize, my teammates.
6. I promise always to hustle, and never to quit, until the game is over.
7. I promise to come to each game, on time, well rested, and with an attitude that says, it may be difficult, but believe that we can win.
8. I promise to uphold the 11 Rush Core Values.

9. I understand that player conduct is observed on an individual basis. Any conduct deemed inappropriate will be addressed first with a verbal warning. If the misconduct continues, based on Coach determination, resulting actions could range from individual practice and game penalties to Club suspension.

If you are not willing to make this commitment, then perhaps you should reconsider your decision.

If you are willing to make this commitment, then we believe that we can help you become a better soccer player and a contributing member of a competitive soccer program. As coaches and staff, we commit to you that we also will work hard to help you improve your skills, gain in your knowledge of the game, and make practices a worthwhile experience.

People very seldom are successful at anything unless they can have fun doing it. We will expect you to work hard, but we will make every effort to see to it that you have fun also.