



**GREAT VALLEY
COMMUNITY ORGANIZATION**

engage families.
encourage relationships.
empower communities.



DONOR PLAZA

GREAT VALLEY COMMUNITY CENTER

R



Great Valley Community Organization

FULLY COMPLETED GVCO CENTER



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COMMUNITY PROGRAMS

1: CARING HANDS

2: CHALLENGER GYM

3: ART & DESIGN

4. INTERNSHIPS

5. AWARENESS PROGRAMS: STEPS4HOPE & BE A PART OF THE CONVERSATION

6. SURREY SERVICES FOR SENIORS

GVCO – Vision

Community Center

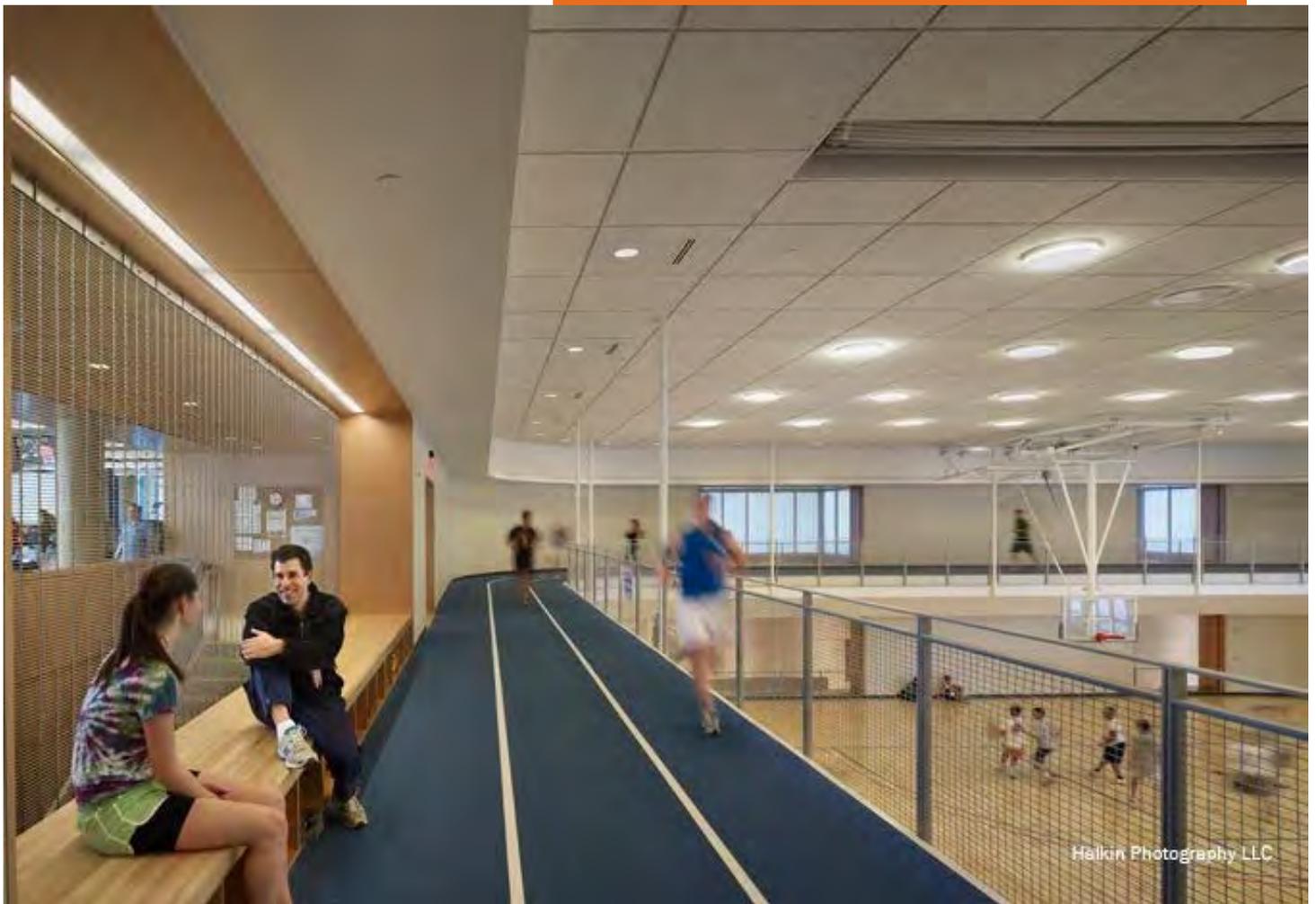


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GVCO – Vision

Community Center



Halkin Photography LLC



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CARING HANDS

GREAT VALLEY COMMUNITY ORGANIZATION

Caring Hands Program Description:

The Great Valley Caring Hands was created for the purpose of raising funds for those persons, families, or organizations in our community who have suffered some catastrophic event.

As a student-run community outreach program, Caring Hands was started by a few kids to raise scholarship money for Great Valley students affected by a sudden death in the family. Now, Great Valley Caring Hands has been expanded by the students to include food drives, activities with seniors, volunteering in homeless shelters, and assisting with other community events in raising awareness and funds for those in need.

GVCO looks for student volunteers who are willing to donate their time and energy to benefit the community. Great Valley Caring Hands hosts a number of fundraising events and volunteer opportunities to help others.



Mary Decker, Peoples Pantry Director



"On behalf of the People's Pantry at Church Road, I would like to thank the GVCO Caring Hands group for all the work that went into the food drive held at the Paoli Acme on June 3rd. An amazing 274 pounds of food along with \$114.25 was collected for our pantry."

Kathy Sullivan, West Chester Senior Center Director

"Thank you so much GVCO Caring Hands! It was so great to receive your initial phone call and what a wonderful result it led to yesterday! The group of kids have pulled together what will make for a great Thanksgiving next week for about 225 people - WOW!"



Thea Howard, GVCO Caring Hands Student President

"Caring Hands was one of the first major leadership roles I ever committed to. It has taught me that I have a true passion for helping out our community and leading others to achieve a greater goal. The work we have done so far as a club has made me so proud of the group and really showed how giving back and benefiting others is such a crucial part of life. I also love how this role has allowed me to express my passion for other topics and concerns."

Program Objectives:

- ➔ Connect students who are dedicated to making a difference in the community and providing them the tools and support to succeed.
- ➔ Students will be challenged to meet and exceed expectations of themselves and the impact of their actions in the community.
- ➔ Students will become familiar with the needs of other organizations in our own community.



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CHALLENGER GYM

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Challenger Gym Program Description:

Established in 2007 Challenger Gym was designed to provide a community after-school gym program for school age students of all grade levels who have physical or extra challenges. It was inspired by a Great Valley middle school student who loved sports and needed a program to accommodate the additional needs that go along with a wheelchair. Now Challenger Gym fills a niche for children who would have difficulty participating in traditional community sports programs.

The emphasis is on having fun, providing physical activities in which the kids can successfully participate, and building relationships between kids with extra challenges and local high school volunteer "buddies".

Program Objectives:

- ➔ Kids of all ages and all abilities are welcome to participate.
- ➔ Providing an after school program for school-age students looking for a fun, non-competitive alternative to traditional community sports.
- ➔ Pairing a volunteer high school buddy with kids for best connections.

Wendy Morris, MPT Program Director



As a physical therapist, Wendy has been working with children with physical challenges for almost 30 years. She has worked with children in the hospital setting, outpatient clinics, school settings and in homes. The children she works with range in age from infants to 21 years. Her caseload has included mentally fragile children, children with diagnoses including cerebral palsy, developmental delays, children with coordination delays and extra sensory needs.

"When you are a parent of a child with extra needs, it can be challenging to find appropriate and fun extra-curricular activities in which their children can participate successfully." Wendy Morris

This was the impetus for Wendy to partner with GVCO to begin Challenger Gym. In existence for 10 years, Challenger Gym enables children with extra needs to participate in fun physical activities. In partnership with GVHS, high school volunteers participate as buddies and enjoy a valuable experience.



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ART & DESIGN

GREAT VALLEY COMMUNITY ORGANIZATION

Art & Design Program Description:

The Youth Art & Design Program is a comprehensive, after-school program created to develop and nurture those individuals that have an interest in the Arts.

This program is intended to create an excitement and energy to the art curriculum. Each program session is structured to focus on various art forms as well as explore the creative process in relation to art history, careers in art, the environment and community around them.

Art & Design Class students will have the opportunity to display their artwork in a local art gallery in the Great Valley Area reinforcing the sense of community between GVCO and local businesses.



TESTIMONIALS



Andrea Strang, Gallery 222 Owner

This is an amazing opportunity for these young artists to not only perfect the craft that they are passionate about but also to learn what it takes from start to finish to have your pieces at an Art Show.

Frances Carter, Parent

My daughter attended the class and really enjoyed learning new skills and meeting others with similar interests. My daughter was excited to see her work on display at a real art gallery! Her dream is to someday have a career in art and this was a wonderful experience for her to gain some confidence.



Anna, Art Student

The Art & Design class was so fun! We learned new tricks with water color paints, shading and sketching. Along with the great art lessons, we all had so much fun getting to know each other.

Program Objectives:

- ➔ Students will use different types of media, as well as a variety of techniques and processes.
- ➔ Students will create and communicate ideas through art.
- ➔ Students will identify careers that utilize art and learn the skills necessary to be successful.
- ➔ Students will learn the process of having a gallery show from inspiration to masterpiece while realizing that art can bring a community together.



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GVCO Vision

Multi-purpose Rooms

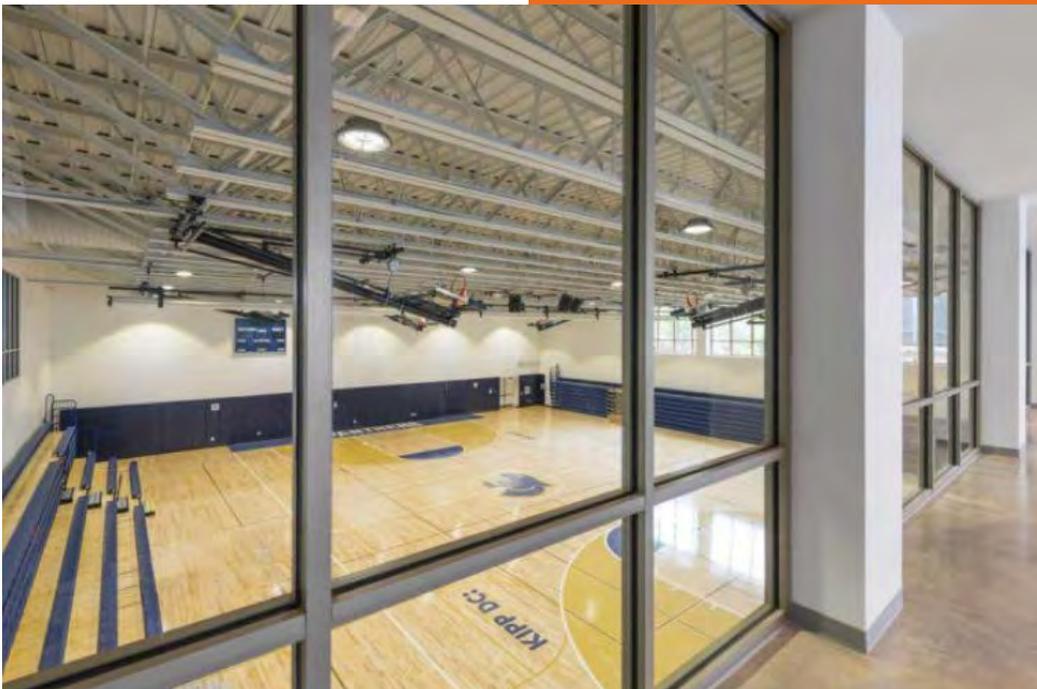


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INTERNSHIPS

GREAT VALLEY COMMUNITY ORGANIZATION

Internship Program Description:

The **GVCO High School Internship Program** was established in 2011 by creating a partnership with Great Valley High School. The program is designed to provide high school students with business training and experiences in a nonprofit organization while interacting with a diverse peer group.

The **GVCO College Internship Program** began in 2011 with an agreement with Temple University's School of Sport, Tourism & Hospitality Management. The program is designed to provide college students with first-hand knowledge of working in a particular field while having the opportunity to learn new skills as well as network with professionals.

Internships are a "win-win" for both the intern and companies. Interns fill positions and assist employers while bringing energy, knowledge of current trends and new ideas.



TESTIMONIALS

Elijah Hargrove, GVCO College Intern, Temple University '18



"I have been able to learn and gain so much from this internship and community. I enjoyed being involved in the many events and programs GVCO has to offer from working with the kids in Junior Hoopsters and Challenger Gym to helping out with March Madness - which was a blast!

Divya Samant, GVCO High School Intern, Great Valley High School '19



"GVCO has provided me with so many opportunities to grow. It's so satisfying to be a part of a nonprofit organization that is such an integral part of our local community. I had an ability to help with local initiatives, and now I feel much more connected to the community than I ever thought possible. I am so grateful that this internship came my way, as it has truly been an incredibly enjoyable experience."

Program Objectives:

- ➔ Students will participate in the day to day operations of a nonprofit community organization.
- ➔ Interns will interact with diverse groups in variety of situations and learn to communicate successfully.
- ➔ Interns will leave with an understanding of potential career opportunities and how they align with their individual strengths and interests.



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AWARENESS PROGRAMS

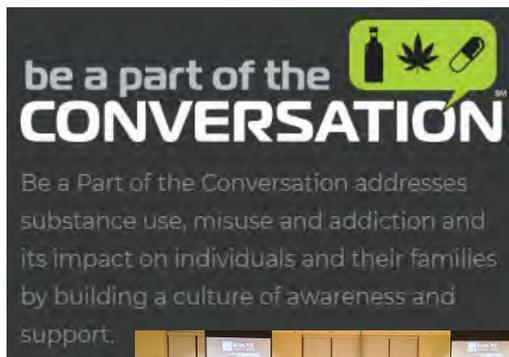
GREAT VALLEY COMMUNITY ORGANIZATION

Be a Part of the Conversation Program Description:

Be a Part of the Conversation creates effective, culture-changing programs that are designed to significantly increase awareness of the effects of alcohol and other drug use.

We are a collaboration of community leaders, students, school district representatives, and families who believe that having meaningful, inclusive conversations will support individuals and their families in their efforts to develop healthy coping skills and access support whenever there is a need.

Be a Part of the Conversation is a nonprofit, 501(c)3 organization.
<https://conversation.zone/>



Steps4Hope Program Description:

Jonathan Moules was a very loved 22 year old who lost his battle with the disease of addiction on January 7, 2014, a day that changed the lives of his family and friends forever. The mission is to honor and celebrate Jonathan's life by creating awareness, understanding and compassion surrounding the disease of addiction.

The Steps4Hope Foundation is committed to working with local organizations to raise awareness and end the stigma associated with the disease of addiction.

We are dedicated to making a difference and bringing about change by empowering students and communities with access to quality educational programs, grief support and financial resources for early recovery. It is our sincere hope that no other family will have to endure the tragic loss of a loved one.



Program Objectives:

- ➔ Raise awareness on substance use, misuse and addiction through programs and conversations.
- ➔ Connect resources and people in our community to make a difference, bring about change and support individuals and families.
- ➔ Awareness, Compassion and Hope in action.



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SURREY SENIOR SERVICES

GREAT VALLEY COMMUNITY ORGANIZATION

Surrey Services Program Description:

Surrey's mission is to help older adults to live with independence and dignity and to continue as engaged members of the community. Members can access a wide range of educational, fitness, volunteer and social activities right in their own neighborhood. The warm and welcoming atmosphere makes the center a home away from home where seniors gather for fun, friendship and purpose.

As a leader in providing solutions to seniors in our community, the "Surrey Difference" includes: 35 years of extensive experience meeting the wide-ranging needs of older adults; a non-profit organization serving our local community members, regardless of income; focus on the dignity and needs of the whole person and his or her individual situation; a caring, family centered philosophy.

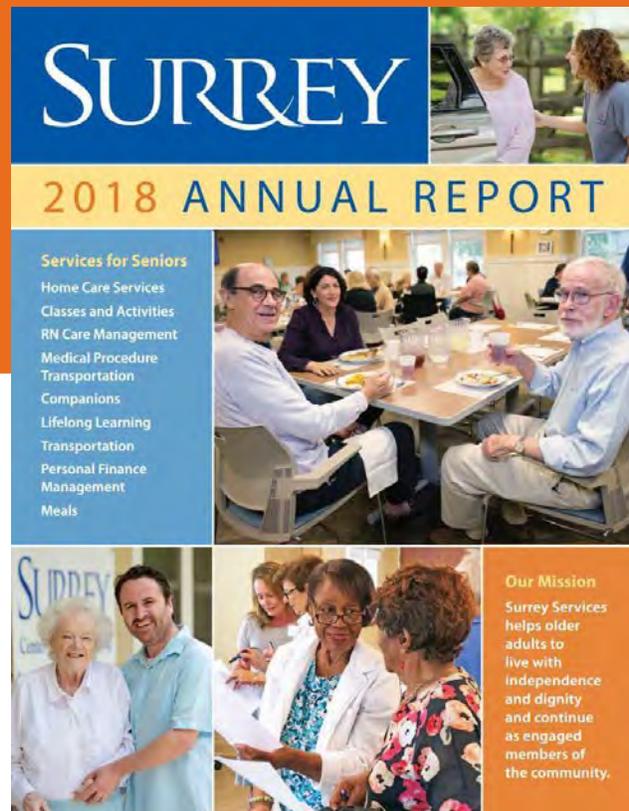
Program Objectives:

- ➔ Comprehensive care services, such as customized home care services, care management resources, as well as assistance and support through many reliable programs.
- ➔ Several area locations offering a variety of classes and activities, including crafts, games and fitness.
Lunch served daily for a healthy meal choice.

SURREY
Services for Seniors

Bob Madonna,
President and CEO

"Surrey is always looking for ways to serve our members better. We also plan to expand our mission and offer transportation options, programs, meals and home care services to older adults in Chester County."



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ATHLETIC PROGRAMS

- 1. GV BASKETBALL**
- 2. GV VOLLEYBALL**
- 3. GV YOUTH FOOTBALL**
- 4. GV CHEERLEADING**
- 5. GV CREW**
- 6. GV GIRLS LACROSSE**
- 7. GV PICKLEBALL**
- 8. BADMINTON**
- 9. DANCE**
- 10. YOGA**

BASKETBALL

GREAT VALLEY COMMUNITY ORGANIZATION

Youth Basketball Program Description:

The Great Valley Basketball League is a youth basketball program designed for children within the Great Valley School District and surrounding communities in grades PreK–12th. Our programs are built around learning, fun and community.

GVBL is a 100% volunteer run organization. Players of all abilities are welcome. GVBL hosts recreational leagues in the winter and summer. We also have a tournament team program for athletes who seek a more competitive environment.

GVBL seeks to create a fun experience for the kids playing and learning the game of basketball. Since its inception is 2001, GVBL has helped thousands of children learn and love the game of basketball while developing lifelong friendships.



TESTIMONIALS



Tara Coates, GVBL parent

"I am so grateful for the GVBL organization & all that it has given our boys over the years. It's bittersweet that it is Hayden's last year playing in this awesome basketball league.

I was thrilled that this year, for the very first time, Hayden & Declan are teammates!

We are very excited about the new GVCO facility that is being built, so that the future generations of GV families will experience what our boys have...Community, Exercise, Fun, Sportsmanship & Teamwork. Thank you GVBL "



Program Objectives:

- ➔ The vision of the Great Valley Basketball League (GVBL) is to create a fun experience for the kids, playing and learning the game of basketball, while competing with their peers from the community.
- ➔ The programs are built around learning, fun and community. Players of all abilities are welcome.
- ➔ The goal is to teach all of the players the rules of the game and proper way to play basketball.

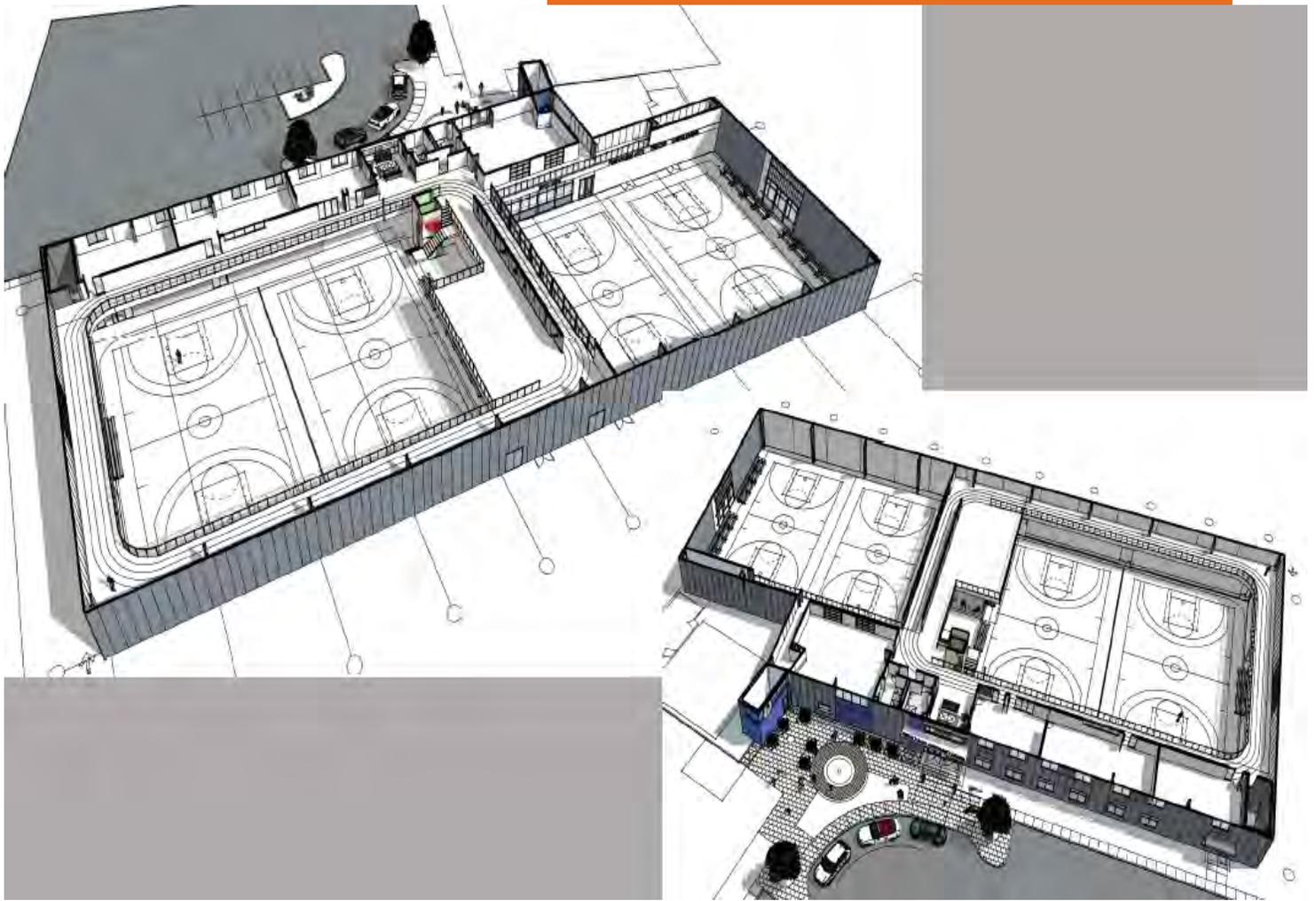


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GVCO – Vision

4 Basketball/ 6 Volleyball Courts



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VOLLEYBALL

GREAT VALLEY COMMUNITY ORGANIZATION

Volleyball Program Description:

Our Great Valley Volleyball Clinics and Summer Camps are designed to offer instruction for both the beginner and advanced levels.

BEGINNERS will focus on knowledge of the game, competitive fun and fundamental ball control. Our younger players will use kid-sized balls and nets to ensure age appropriate instruction.

ADVANCED campers will cover the proper technique for basic skills, offensive play-sets, defensive formations, strategy, teamwork and attitude, and setting personal and team goals.



TESTIMONIALS



**Hannah and Ashley Gal,
Player/Coaches**



"Playing volleyball has given us more than just skill, it has made us new friendships, taught us life lessons, and pushed us to be the best possible people. We hope to inspire the same level of passion and experience that GVVL gave us back to the community."



Program Objectives:

- ➔ Instruction tailored to participants' skill level will encourage learning.
- ➔ Provide weekly clinics as well as summer camps with specialized coaching to learn new skills and apply them in game action.
- ➔ To instill a passion for the game within each player, while teaching and fine-tuning the necessary skills to become a better volleyball player.



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YOUTH FOOTBALL

GREAT VALLEY COMMUNITY ORGANIZATION

Youth Football Program Description:

The Great Valley Football League is an instructional youth football league for kids within the Great Valley School District and surrounding communities in grades K-6. Currently, we offer both tackle and flag football. GVFL is run by a dedicated group of volunteers who are committed to player development and promoting good sportsmanship. We pride ourselves on creating a strong sense of community among our volunteers, parents and athletes throughout our season and beyond. GVFL is a proud member of the Inter County Football League.



Tackle Football Parent, 2017

My son loves playing football at GVFL. The coaches and volunteers always keep it positive and fun for the kids. The emphasis is not always on winning. The sense of camaraderie created by the volunteers with all the special family events is amazing!"

Flag Football Parent, 2018

I was adamantly against my son playing football...now I feel it's the best thing we have ever done for him! GVFL fosters a great community feel and we love the program."



Program Objectives:

- ➔ Participants will learn basic skills and become familiar with the rules of the game.
- ➔ Participants will compete with peers in a fun and friendly environment.
- ➔ Participants will learn the values of good sportsmanship and camaraderie.



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GVCO – Vision

Outdoor Field in Front



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CHEERLEADING

GREAT VALLEY COMMUNITY ORGANIZATION

Cheerleading Program Description:

Our mission is to promote sportsmanship, athleticism and excellence in the sport of cheerleading while building confidence and team-centric skills in a controlled, safety oriented environment. This mission coupled with our passion to develop our athletes physically, mentally and emotionally is what sets us apart from other programs. Our volunteers are invested in each and every athlete and we make it our personal mission to see that everyone reaches their full potential through positive guidance. Our teams and coaches form unbreakable bonds that last a lifetime.



TESTIMONIALS



Cheer Parent, 2018

"We just absolutely LOVE Junior Patriots Cheerleading. The organization creates such a positive experience for our daughter and our entire family. My husband and I are so happy and grateful that our daughter had the opportunity to participate in such a positive experience! We will definitely be signing her up for next year!"



Program Objectives:

- ➔ Participants will learn basic skills and become familiar with the sport of cheerleading.
- ➔ Participants will interact and compete with peers in a fun and friendly environment.
- ➔ Participants will learn the values of dedication, good sportsmanship and comraderie.

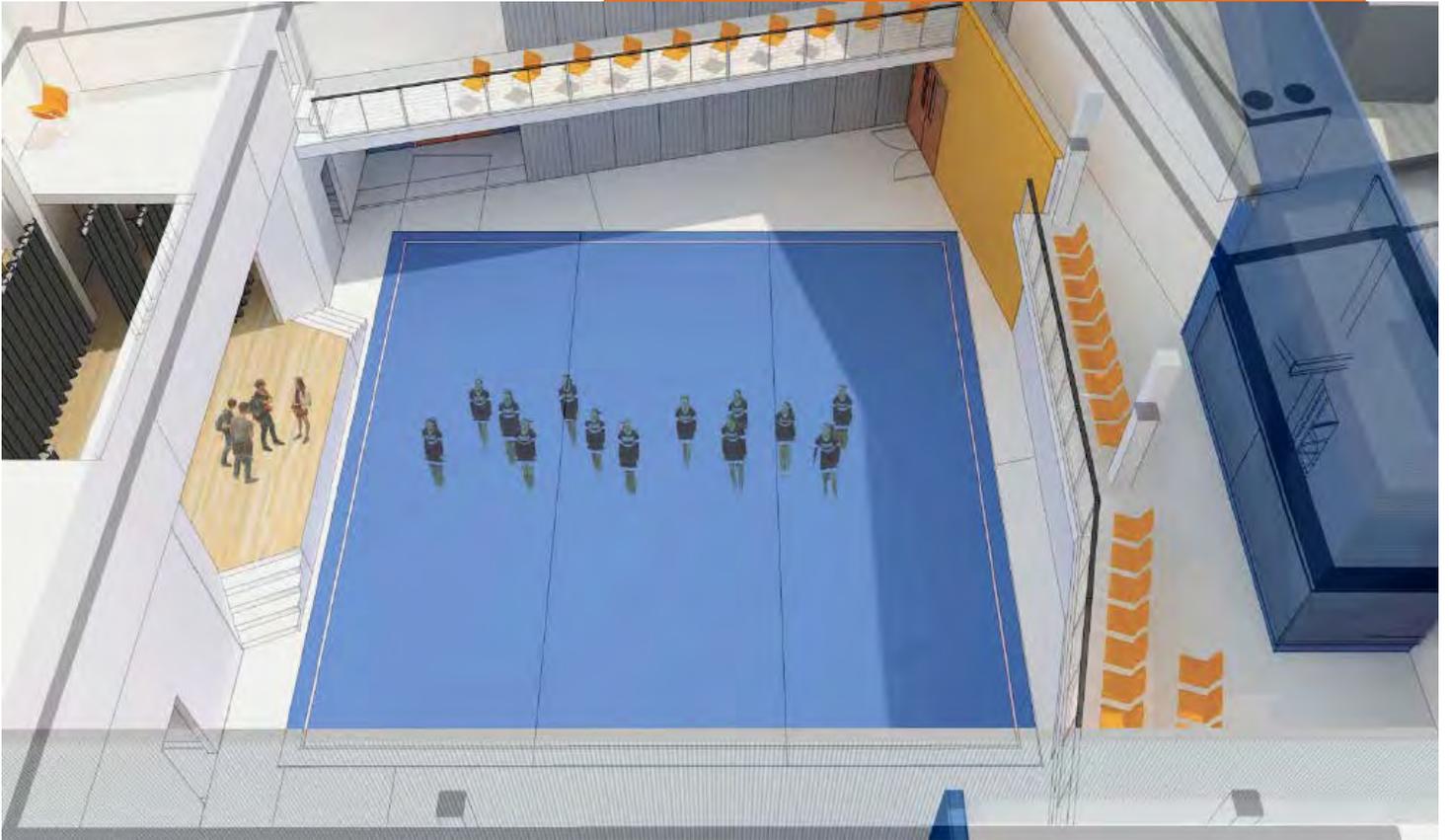


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GVCO – Vision

Multi-purpose Cheerleading space



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CREW

GREAT VALLEY COMMUNITY ORGANIZATION

GV Crew Program Description:

Our Great Valley Crew is a competitive rowing team, comprised of male and female athletes in grades 9–12.

Crew is a non-contact sport that requires intense physical training, learning coordination and teamwork, and challenging yourself through rigorous competitions. We have a passionate coaching staff with extensive rowing experience and knowledge supporting the kids.

Great Valley Crew wants and expects to foster a team culture of respect, tolerance, acceptance and fun.

Come practice with the team and see what rowing is all about!



TESTIMONIALS



"NEW TO CREW" PARENT, 2018

"Crew has been an amazing experience, not just for the kids, but for us as parents, too. The camaraderie, the work ethic and the intensity, the regattas and the food! It's all been great! !"



Program Objectives:

- ➔ We strive to develop young adults in the sport of rowing, build character through the challenges of victory and defeat, promote community through the responsibility of teamwork, and achieve personal excellence through hard work and dedication.
- ➔ **No experience necessary.** Requirements: Hard work, determination and the ability to work, row and win as a team!



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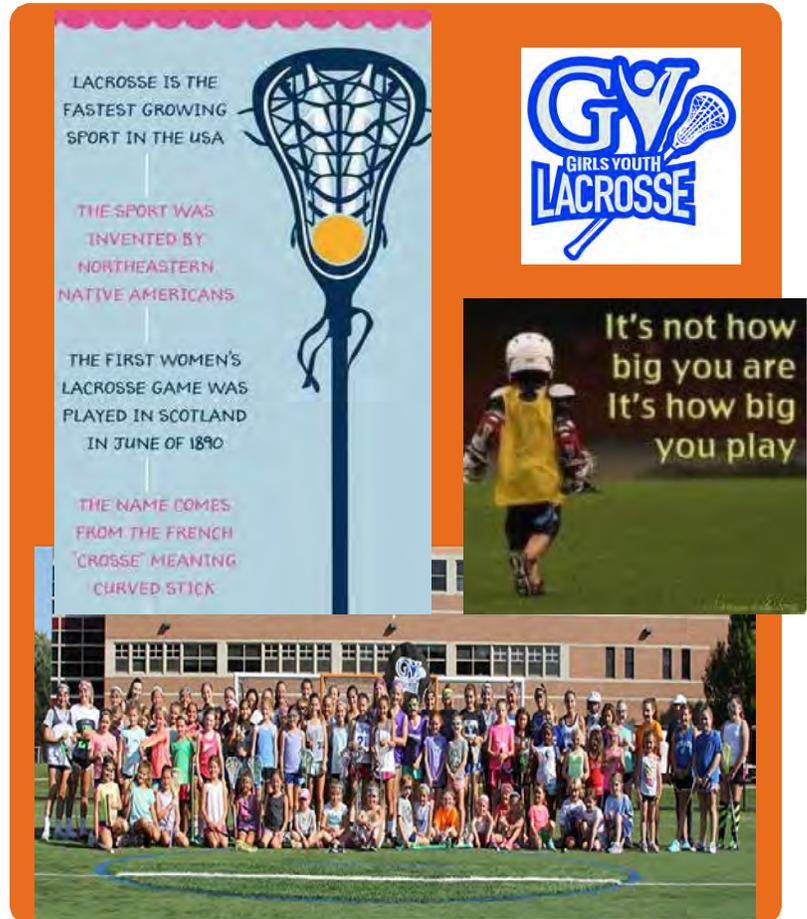
GIRLS LACROSSE

GREAT VALLEY COMMUNITY ORGANIZATION

GV Girls Lacrosse Program Description:

Great Valley Girls Youth Lacrosse is a community based program serving kindergarten through 8th grade girls in GVSD. Through skill development, teamwork and sportsmanship, program volunteers work to create a positive, supportive culture that is passionate about the sport of lacrosse. Girls are divided by grade for focused skills, learning and play opportunities.

1st/2nd grades practice in a clinic format to learn the basics of lacrosse, play games and have fun with friends. 3rd/4th grade teams will include round robin games with other townships. 5th/6th and 7th/8th grade teams will participate in the Philadelphia Area Girls Lacrosse Association League, which runs from March – June.



Program Objectives:

- ➔ Program is focused on creating an encouraging and fun learning environment, open to both beginning and more experienced lacrosse players.
- ➔ Our goal is to create well-rounded young female athletes both on and off the field.



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PICKLEBALL

GREAT VALLEY COMMUNITY ORGANIZATION

Pickleball Program Description:

Pickleball is a sport that combines elements of tennis, badminton and Ping-Pong. It's a lively racquet sport designed to be easy to learn and play and that is fun for all ages and abilities.

The sport is played with paddles and a plastic, perforated ball (similar to a wiffle ball) on a short, badminton-sized court. You serve underhand and typically games are played as doubles. The net is hung at 34 inches, compared with 36 inches for tennis. A smaller court and slower balls make pickleball a low-impact alternative.

GVCO currently offers pickleball on 4 courts at the GVBL Center. Court time is reserved on a sign up page through our website. We accommodate all levels of play and there are times for beginner, intermediate and advanced players.



Pickleball is one of the fastest-growing sports in America, with more than 3 million participants, according to the Sports & Fitness Industry Association. The association's 2017 pickleball participant report showed that nearly 43% of core players are 65 or older.



“Come give it a try!
Once you play,
you'll love it
because it's fun and
very social.”
Jody Powers



Program Objectives:

- ➔ To provide alternative programming for adults and seniors in the community.
- ➔ To offer a low impact fitness option for every adult and older adult in the community regardless of skill level.
- ➔ Afford seniors in the community the another choice in their effort to remain active through a valuable fitness alternative.

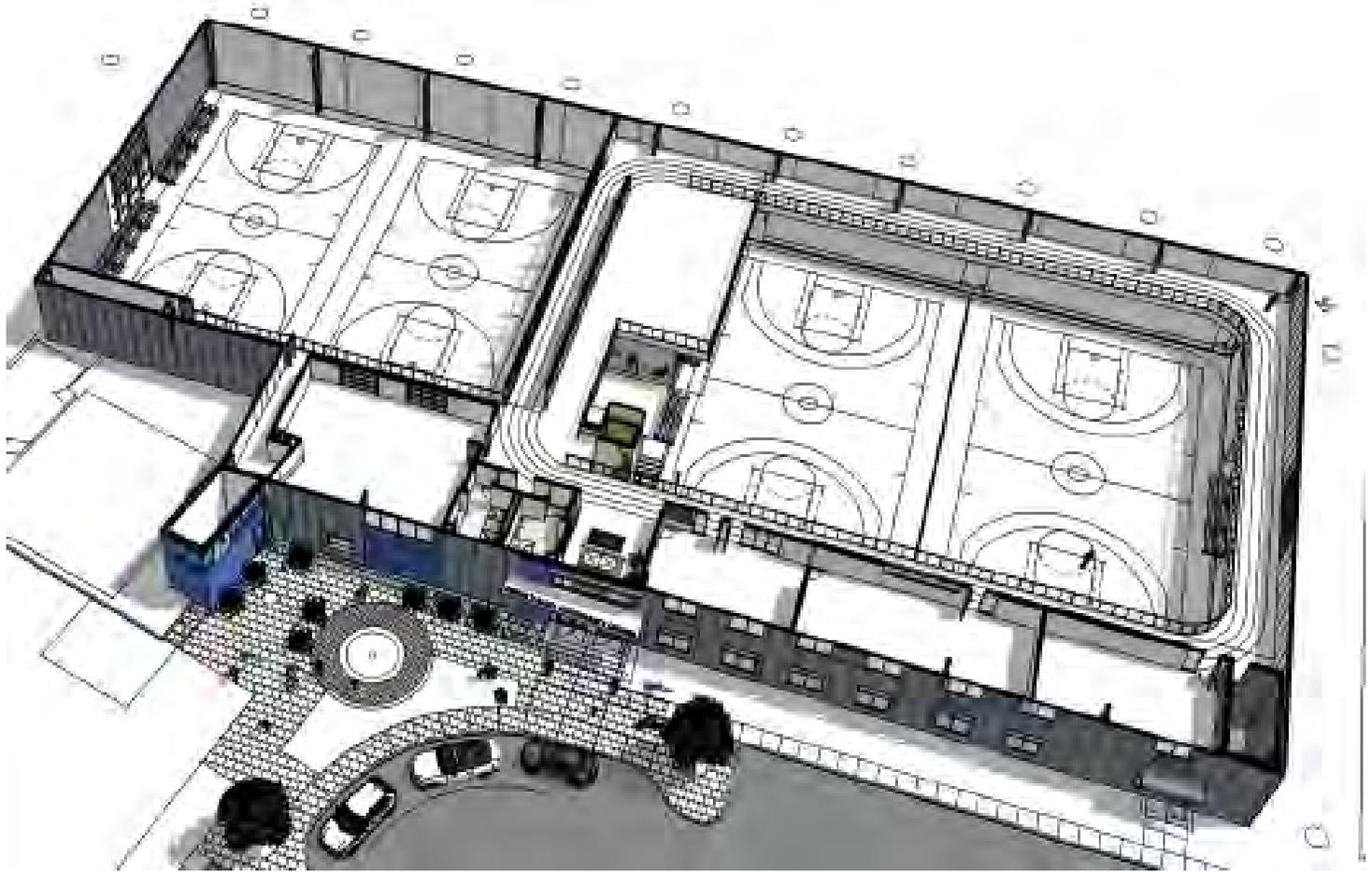


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GVCO – Vision

Fits 12 Badminton or Pickleball Courts



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BADMINTON

GREAT VALLEY COMMUNITY ORGANIZATION

GV Badminton Program Description:

The Great Valley Badminton Program is designed to allow kids who live in the Great Valley School district to have the opportunity to experience and develop their own abilities in badminton.

The sport builds fitness, agility, stamina, and good motor coordination, as well as developing technical skills and racquet movements. Since 1992, badminton has been a summer Olympic sport.

Experienced coaches provide training and instruction through group sessions or private, one on one sessions.

FUN FACTS



- Badminton is officially the world's fastest racquet sport. The shuttle when smashed around the court can travel at speeds in excess of 200 mph.
- Badminton is the 2nd most popular sport in the world.
- The origins of badminton go back more than 2000 years ago in Greece, China and India. The British game was born in 1873.



Program Objectives:

- ➔ Widely considered a niche sport in the US, this Program provides a local venue for learning and playing badminton.
- ➔ Offering group lessons (4+ participants), private lessons (one on one coaching) and semi-private lessons (2-3 participants per coach) with coaches brought in from around the world!



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DANCE

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Ballet 180 Dance Program Description:

The Ballet 180 School cultivates growth as dancers and as people. Our uniquely positive and encouraging environment enables dancers to thrive,

We value artistic excellence, so our talented faculty practice safe technique, following the ABT® National Training Curriculum, a training program incorporating lessons from sports medicine, nutrition, physical therapy, and orthopedics.

Enhance your flexibility and coordination while gaining confidence. We explore movement for sustained mobility and self-expression, while making new friends and finding joy through dance. Join us and be transformed by the power of dance!



TESTIMONIALS



PARENT, BALLET 180

"Hard working and fun! Well-organized and caring staff who teaches the whole dancer, not just technique."



PARENT, BALLET 180

"Kelly is a beautiful person inside and out. She brings class and high standards to the art form for all ages. Her students are lifelong loyal. The school is a gem.."



Program Objectives:

- ➔ Building community and spreading kindness through the art of dance.
- ➔ Ballet 180 inspires a 180 degree positive transformation of the mind, body and soul through classes, workshops and performances.
- ➔ Dancing with us will provide extremely high quality, professional training in an environment that has the feel of a close-knit family



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GVCO – Vision

Dance & Yoga



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YOGA

GREAT VALLEY COMMUNITY ORGANIZATION

Yoga Program Description:

We are very excited to offer Power Yoga at the Community Center and to bring yoga to our Great Valley community in a comfortable, casual environment.

This class will follow the Power Yoga model, a combination of strength moves and movement, as well as helping to improve physical and mental health. Modifications to the poses can be made for all levels.

Whether you are a beginner or you are experienced, this class will have something for all levels.

Please bring a yoga mat, a towel and water. If you don't have a yoga mat, we will have a few to borrow!



POWER YOGA as defined by originators:

"Power Yoga is directed at creating the highest level of energy, vitality, and freedom. The only way to do this is to work with yourself, not against yourself. By working hard sensitively, we create an environment that's healing and that honors each individual, an environment that respects our boundaries and works within him or her. In this way, we create an atmosphere conducive to natural expansion and growth."
BRYAN KEST

Power Yoga is a unique combination of dynamic breathing and strong, flowing movement, which creates a high-heat, high-energy workout. Unlike any other yoga program, Power Yoga is a choreographed sequence of postures that flow into one another, building strength, unwinding tight joints, and loosening muscles.

"I really do believe that the bottom line that creates transformation in the individual is the ability to focus your attention in an ever greater and more subtle way, and that follows the whole path of the limbs."

Beryl Bender Birch



Program Objectives:

- ➔ Offer the benefits of a Power Yoga workout for all skill levels in a comfortable, casual environment
- ➔ Enhance stamina, flexibility and posture while relieving stress and burning calories.



Contact Us:
gvco.org
info@gvco.org
610-990-6168

Social Media:
Facebook: GVCOCCommunity
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FUTURE PROGRAMS

- 1. THEATRE, CONCERTS,
PERFORMANCES**
- 2. MEETINGS, CONFERENCES,
EVENTS**
- 3. CAFÉ**
- 4. AFTER SCHOOL PROGRAMMING**
- 5. EDUCATION, TUTORING,
HOMEWORK HELP**
- 6. FITNESS CENTER**
- 7. PHYSICAL THERAPY AND REHAB**
- 8. MARTIAL ARTS**

GVCO – Future

Indoor/Outdoor Performance Venues



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GVCO – Future

Indoor/Outdoor Performance Venues



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GVCO – Future

Theatre/Conference Center

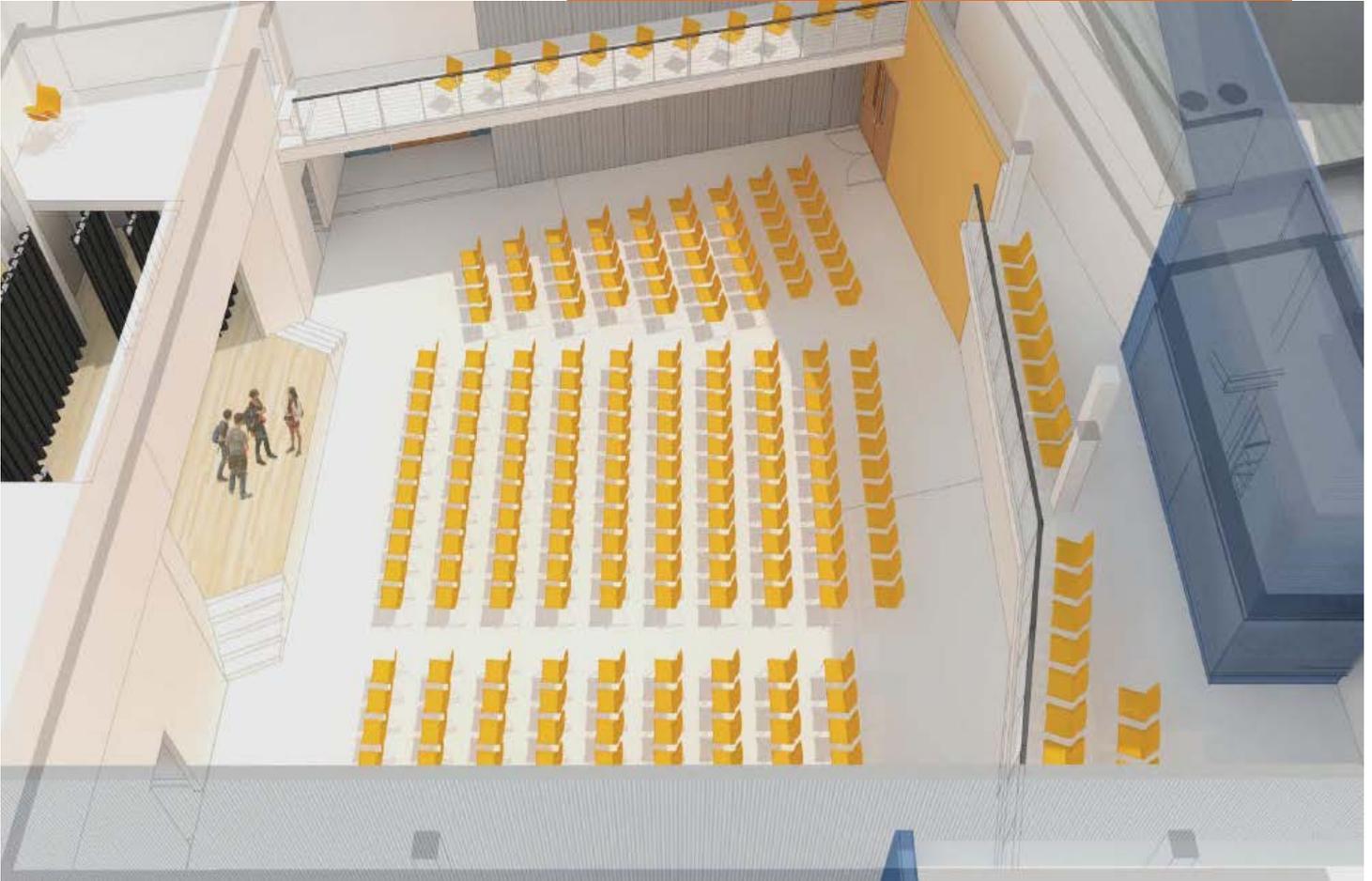


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GVCO – Future

Meetings/Concerts/Events



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GVCO – Future

Café



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GVCO – Future

After-school/Education/Tutor Programs



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GVCO – Future

Fitness/Physical Therapy/Rehab Center



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GVCO – Future

FULLY COMPLETED GVCO CENTER



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MISSION

The Great Valley Community Organization helps build a strong, vibrant and connected community by providing facilities, activities and programs enriching the lives of all local residents.

VISION

The vision of Great Valley Community Organization is to evolve GVCO from one of the area's premier sports/recreational programs to a world-class community resource that delivers a broad range of sports, educational, arts, recreational and senior programs that address key community needs.

10

Benefits of a New GVCO Community Center

1

Strengthen
Community

2

Foster Personal
Development

3

Encourage
Cultural Unity

4

Provide Safety
and Security

5

Become a
Resource

6

Promote Health
and Wellness

7

Provide
Recreation

8

Support Economic
Development

9

Support Local
Businesses

10

Make an
Impact



GVCO DONOR WALL

Donor Wall



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\$5,000-\$9,999

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