



5 WAYS

to help your child develop

CHARACTER THROUGH SPORT

1 Teach your child to be on time for all games and practices.



2 Be a role model for your child by showing respect towards officials, coaches and opponents.

3 Assist your child with goal setting both in and out of sport.



4 Have your child pack and carry their own equipment.

5 Celebrate effort in every activity and emphasize learning something from every game, practice and event.



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The following organizations contributed to the creation of these resources for use by all sports organizations in the U.S.

