

High School Boys

Sherrills Ford is playing with Mountain View Rec. We will be following their rules.

Mountain View Recreation Basketball Rules for 13-18 Boys

1. Play 6 minute quarters.
2. Clock stops on all whistles.
3. 3 time outs per half.
4. Jump ball to start game. Possessions will alternate after that.
5. 5 fouls per player. Conduct fouls will count as a player foul but not as a team foul.
6. Use 29.5 basketball.
7. Coaches must have lineup turned in 5 minutes prior to start time or end of game preceding yours.
8. Teams must start with at least 4 players but can finish with any amount.
9. 3 point shot is in play.
10. Foul shots from regular line. Low block not used.
11. 3 second call for lane violation
12. Full court press is allowed with the following exception. If a lead is over 20 points, only team trailing is permitted to press.
13. 1 st offense for a defense infraction in each half will result in a warning. 2nd offense and thereafter will result in a ONE shot technical foul. Officials can use discretion if an illegal press is viewed accidental.
14. Overtimes will be 2 minutes. Each team receives 1 additional timeout per overtime. Full court press is allowed the entire overtime
15. NO DUNKING ALLOWED! Any attempt to dunk before, during, or after game will result in the following: Automatic forfeit of game. Player suspended for the remainder of the season. Coach ejected and suspended for the next 2 games.