



Meridian PAL League Protocol for Referees

All referees assigned to PAL Soccer matches must follow certain protocols and procedures to meet the requirements to be assigned league matches. For assistance find the Referee Coordinator or a PAL Committee Member.

- Referees will report to the Officials Coordinator at the park (blue tent)
 - Check in 15 minutes prior to first match at the PAL Referee tent near the shed (NW area of the park).
- Center Referees are required to fill out a match card for each match officiated
 - Scores to be recorded & cards turned into Officials Tent.
 - Match notes, issues, and concerns of coach, player, or spectator conduct.

PAL Requirements

- Equipment Check:
 - No watches or jewelry except medical or religious which must be taped to body.
 - Only soccer or tennis shoes. Can't play with football or baseball cleats.
 - No hard casts. See Cast rule below.
 - No earrings. See jewelry rule.
 - Shin Guards are required.
 - Coach Badges need to be checked before every game
 - Only coaches with a current season PAL Coach Badge may be on the sideline (except an A/R, who is not permitted to do any coaching)
 - The badge must be worn at all times and be visible to Officials and League Staff.
 - Coaches can go to the PAL tent or shed to get their badge, a temporary badge, or will be excused from the sideline. Coach refusal to follow this protocol will be ejected from the game and serve a minimum 1 game suspension.
 - Outback League (U12, U14, & U18) coaches from outside programs will not have a PAL badge
 - Outback League (U12, U14, & U18) roster checks required before every game
 - No Guest players in PAL league games
 - Outback league - 3 guest players for U12 & 4 for U14/U18 allowed. Coaches need to have a copy of the roster of the team the guest player is registered on in order for the guest player to participate
-

CASTS

No player in the program may participate with a hard cast. Players may participate with soft cast, provided adequately covered with no less than 1/2 inch thick, high density, closed-cell polyurethane or an alternate material of the same minimum thickness and with similar physical properties to protect an injury to the player or other players. Additionally, the player must have a note from a licensed medical physician stating that the player is cleared to participate with the cast. Prior to each game, the umpire will inspect the cast to see that it is properly prepared for play. The doctor's note will be surrendered to the referee, league director or Meridian PAL Committee or Board Member and kept on file so long as it specifies the duration of time for which the athlete may participate. The note shall cover only the original incident or injury. If the player incurs a subsequent injury it is the responsibility of the player's parents and or coach to submit a new note to Meridian PAL.

JEWELRY

All jewelry, earrings, watches, are not allowed to be worn during PAL games. Taping over earrings is not acceptable as these need to be removed during play. Only medically necessary or religious bracelets are permitted, but must be taped to body. We apologize for any inconvenience this causes, but please understand this is a safety concern for all children involved in the league.