



## HYSC INTRAMURAL Game Rules



### **U4/U5/U6 3v3 (4v4 optional)**

- All cleats and shin guards are to be worn at all times. A player cannot play without proper equipment
- No scores will be kept.
- Each team should have one coach on the field directing the flow of play
- Parents and spectators must stand on opposite side of the players and coaches. Coaches and team manager are permitted to stand with players
- 2- 20 minute halves, with a 10 min half time
- No goalies
- No throw-ins, kick-ins from sideline or end line when ball goes out of play.
- Substitutions can occur on the fly
- All players should have equal amounts of playing time
- No referees
- #3 size soccer ball

### **U7 5v5 (includes a goalie)**

- All cleats and shin guards are to be worn at all times. A player cannot play without proper equipment
- No score will be kept
- Coaching should mainly be done from the sideline, however direct play when needed.
- Parents and spectators must stand on opposite side of the players and coaches. Coaches and team manager are permitted to stand with players
- 2- 20 minute halves, with a 10 min half time
- Throw-ins from sidelines, kicks from goal box and corner
- Substitutions may occur at stoppage of play
- No team should feel destroyed at end. Mix players if games are lopsided
- All players get equal playing time
- #4 size soccer ball

### **U8/U9 5v5 (includes a goalie)**

- Referee will check cleats and shin guards before game. A player cannot play without proper equipment
- No scores will be kept
- No team should feel destroyed at end. Mix players if games are lopsided
- Parents and spectators should be on opposite side of players
- 2- 20 minute halves, with a 10 min half time
- No goalie punting, throws and 6 kicks only
- Throw-ins from sidelines, kicks from 6 or corner
- A team may substitute on their own throw in or before a six (goal box) kick. The referee must approve the substitution
- All players should have equal playing time
- Referees will be used
- #4 size soccer ball