



Welcome

Spring 2025
GSSA Coaches
Meeting



Preseason Checklist - Thank you for volunteering!

Step 1 - before you can practice or communicate with your team, please complete the following:

- Register as coach
- Background check
- SafeSport training
- Concussion training

Step 2 - GotSport is the primary software for team documents

- View team & player details, message directly from your account
- [GSSA Website > Coaches - Click here to learn more](#)

Step 3 – Print documents

- Coach ID card – wear to all practices & games
- Copy of your roster for reference, take to each game
- Player ID Cards (U13 +)
- Game sheets



Preseason Checklist - Thank you for volunteering!

Step 4 – Team Management

- Recruit an assistant(s) coach (follow step 1)
- Recruit team manager if necessary
- Sign up for practice (once a week)
- Set up team communication app

Your team



Managed by you

Step 5 – Season Management

- Coaches will receive email invite to join GSSA Coaches group
- GSSA will communicate general updates to all coaches
- Includes rainout information, key events

GSSA COACHES



Managed by GSSA



DEVELOPMENT RESOURCES

Monday Night Skills led by GSSA Club Partner, Solar



- Meadowmere Soccer Complex
- First Session - Feb 24
- 5:30 U4 – U8
- 6:30 U9+
- Players should wear GSSA game jersey.

Practice Lesson Plans for GSSA Coaches

- Sent to GSSA coaches each week of season
- Developed by Matt Colvin, Southlake Head Soccer Coach
- Communicated via GSSA Coaches Team Snap





Uniforms & Equipment



Grapevine Southlake Soccer Association

GSSA UNIFORMS (U4-U8)

- Same policy as previous season
- New players must purchase uniform
- Returning players do not have to purchase uniform
- **If purchasing uniform**, parents order through online vendor store
- Select club style kit, includes 2 jerseys (home /away) with player number, shorts & socks
- Uniforms **shipped directly** to player home



Plymouth Jersey - Kelly/White



Plymouth Jersey - Purple/White



Game Short



Pro Sock - Black



Grapevine Southlake Soccer Association

GSSA UNIFORMS (U9+)

- Same policy as previous season
- First year U9 players must purchase uniform
- New players must purchase uniform
- Returning players do not have to purchase uniform (if they've played in U9+ before)
- **If purchasing uniform**, parents order through online vendor store
- Select club style kit, includes 2 jerseys (home /away) with player number, shorts & socks
- Uniforms **shipped directly** to player home
- Each player will have unique number



GSSA White Game Jersey



GSSA Purple Game Jersey



Game Short



Pro Sock - Black



GSSA – PLAYER RESPONSIBILITY EQUIPMENT

- Shin guards
- Soccer ball for practice & games
- Soccer cleats
 - Not Football Cleats
 - Not Baseball Cleats
 - Please direct parents that players must wear **soccer cleats** – football, baseball specific shoes have a toe cleat which is not allowed by US Soccer for the safety of all players
 - Referees will check shoes before games
 - Players will not be allowed to play

Soccer Cleats vs Football Cleats



Soccer Cleats vs Baseball Cleats





Field Usage





Bob Jones Park

Southlake

New turf fields

Grass fields (not in use this season)

Will host:

- U4-U6 games
- U13+
- Adult COED

Turf available for practice

Bridge open!



Oak Grove Complex

Grapevine

Grass fields

Will host:

- U7/U8
- U9/U10
- U13+
- Adult COED

Fields available for practice



Meadowmere Complex

Grapevine

Grass fields

Will host:

- U11/U12
- U13+
- Adult COED

Fields available for practice



Bob Jones Complex – Southlake



Majority of games and practices will be on turf this season

**SPRING
2025**

Oak Grove Soccer Complex

1299 Oak Grove Loop North, Grapevine

SPRING
2025



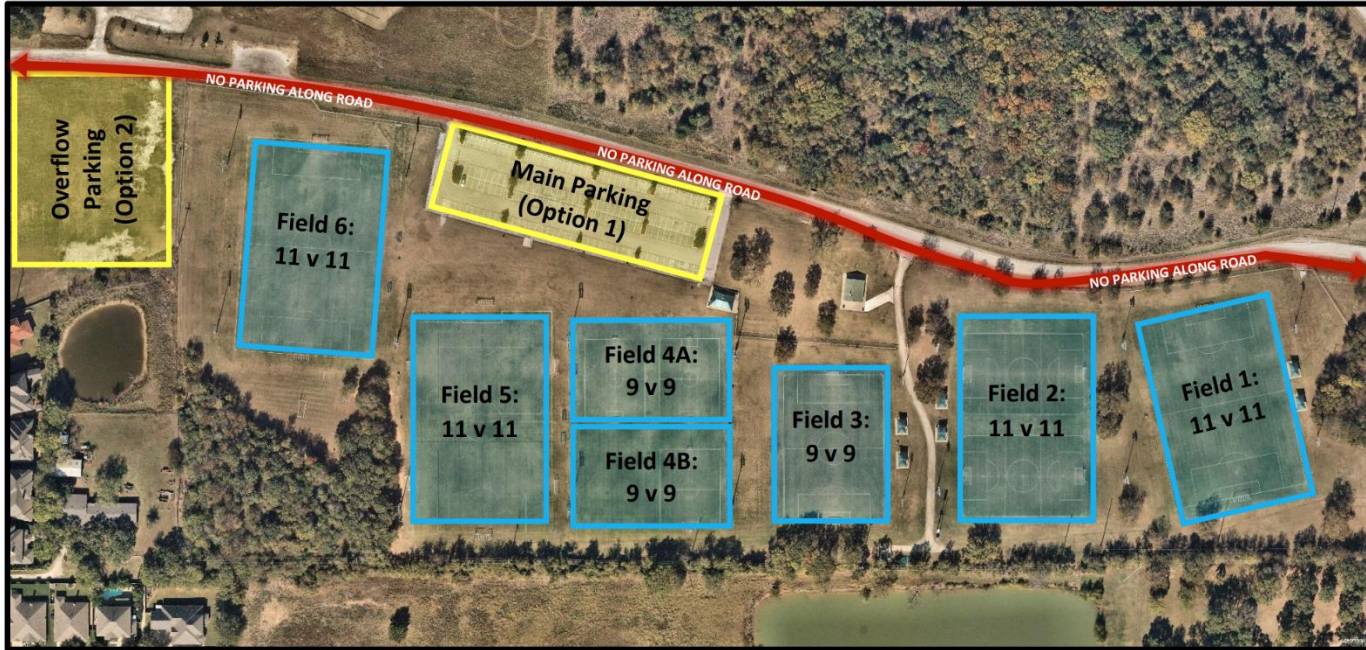
U7/U8
Fields 6A
6B
6C

U9/U10
Fields 4A
4B
5A
5B
7



Meadowmere Soccer Complex

3099 Meadowmere Park, Grapevine



SPRING
2025

U11/U12

Fields: 3, 4A, 4B

PARKING

- When the main parking lot (Option 1) is full; use the overflow lot (Option 2) across from the 114th RC Aero Squadron Field.
- Option 3 is additional parking at the Perch East Lane lot.
- Parking along the fence line that borders our Meadowmere fields is **NOT** allowed. Parking along the road is **NOT** allowed. Please note that the City will ticket your vehicle if you park in areas marked No Parking.

Grapevine Southlake Soccer Association

Please help us keep our facilities clean and safe

Our fields and surrounding facilities are some of the best in the region, we need your help to keep them that way.

Please make sure gates are locked when you leave

Police your area after games and practices, have your team clean up after themselves

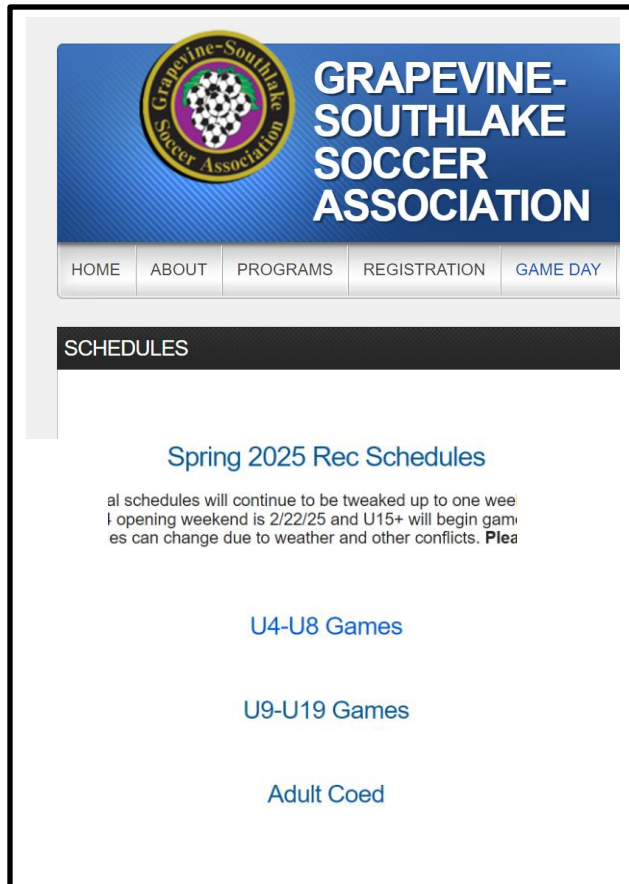
If you are on the fields, you must wear your Coach ID badge

Please utilize entire field, not just goal area

For any questions, concerns or issues about facilities:

- **Grapevine Fields (Oak Grove & Meadowmere) – contact Nirav**
- **Southlake Fields (Bob Jones Turf & Grass) – contact David**

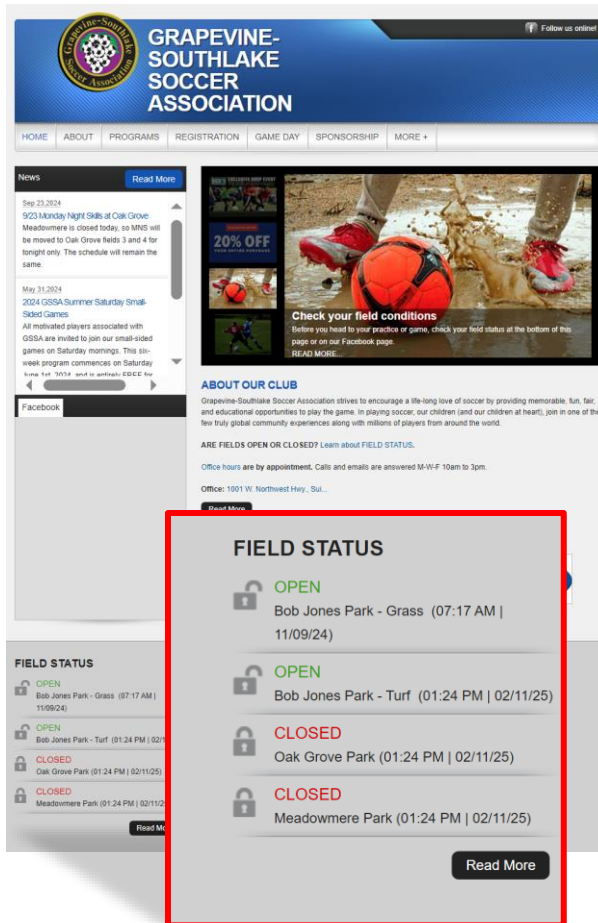
GAME PLAY



- Access schedules through GGSA website
- Game Day > Schedules
 - Subject to change
 - Check weekly
- Coaches are ultimately responsible
- Make ups could be on Sundays or weeknights
- Remind your AGC if you coach more than one team



FIELD STATUS



The screenshot shows the homepage of the Grapevine-Southlake Soccer Association. The header includes the logo and navigation links: HOME, ABOUT, PROGRAMS, REGISTRATION, GAME DAY, SPONSORSHIP, and MORE. The main content area features a 'News' section with a 'Read More' button, a '20% OFF' promotion, and a 'Check your field conditions' banner. Below this is an 'ABOUT OUR CLUB' section. A red box highlights the 'FIELD STATUS' section, which lists the status of various fields:

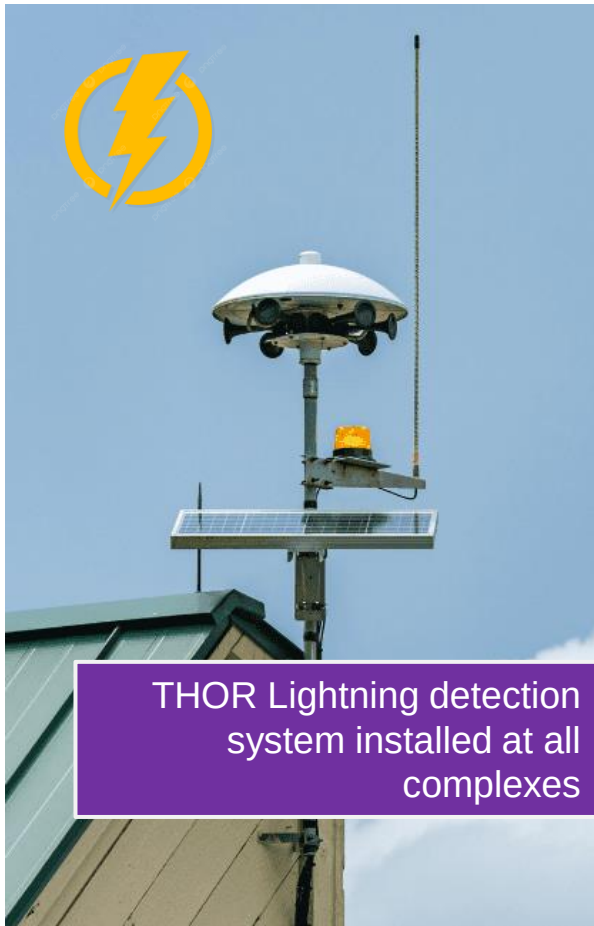
Field Name	Status	Time	Date
Bob Jones Park - Grass	OPEN	07:17 AM	11/09/24
Bob Jones Park - Turf	OPEN	01:24 PM	02/11/25
Oak Grove Park	CLOSED	01:24 PM	02/11/25
Meadowmere Park	CLOSED	01:24 PM	02/11/25

A 'Read More' button is located at the bottom of the field status section.

- Updated as needed on GSSA website
- Decisions on status for practice & games:
 - Weekdays 3:30 p.m.
 - Saturdays 7:30 a.m.
 - Sundays 10 a.m.
- Updates on GSSA website are for GSSA fields only – U9+ must check association where game is scheduled (i.e. Keller, Colleyville)
- Note status can vary by association & complex
- We will update site first, if possible we will also update:
 - GSSA Coaches Team Snap
 - Facebook, Instagram and X



FIELD LIGHTNING DETECTION



- Lightning is a severe hazard - everyone should seek shelter immediately, even if system has not sounded
- THOR system will sound when lightning detected
 - 15 second alarm will sound – suspend all activities immediately
 - Strobe light will also activate
- Seek appropriate, safe shelter
- After 30 minutes, a second alert will sound
 - Consists of three, 5 second blasts
 - Strobe light will cease
 - Only then can activity resume



WEATHER

In addition to rain and thunderstorms, we do see extreme high and low temperatures during the course of a season. Coaches should refer to heat guidelines from [US Soccer for practices](#). Please consult the heat guidelines developed by US Soccer to determine the appropriate length and intensity of practices when high temperatures are an issue.

For game play, GSSA has established a series of guidelines around temperature.

High temperature:

- For games, water breaks may be requested / granted at the discretion of the referees.
- Consider providing shade over the bench area for players
- Ensure all players bring plenty of water

Low temperature:

- Our threshold for cancelling games is 38 degrees, but will use discretion as needed (Wind chill, wind speed, etc.)
- Layers under jerseys, blankets for bench, gloves



GSSA RE-SCHEDULING POLICY (updated)

Before asking for a schedule request, please consider that all the families of both teams will need to rearrange their schedule to meet your request. Please be considerate when making requests.

GAME RESCHEDULE REQUESTS INITIATED BY YOUR TEAM

- Each team is afforded a single game schedule change request.
- A change request with less than 2 weeks advance notice may be denied.
- The rescheduling of the game will be based on resource restraints (e.g. field availability, referee availability, no games before 6 PM on weekdays, season ending, etc.).
- If you coach two teams with GSSA, we will do our best to ensure your games do not overlap. If you coach more than two teams, we cannot make that guarantee; you will need to work with your assistant coaches to cover the games.
- **All game schedule change requests must be sent by email to the appropriate AGC.**

RESCHEDULES NOT INITIATED BY YOUR TEAM

- We will apply the same rules to teams from other associations.
- If you wish to reschedule the game again, you will have to use your game schedule change request to move the game.





Game Protocols



GAME DAY

All players, parents and coaches are subject to the Code of Conduct agreed to during registration. Improper language, verbal or physical abuse of other players, referees, volunteers, staff or coaches will not be tolerated.

- Each player is required to play for 50% of the time they are at each game per NMCSL & GSSA bylaws.
- You may not run up the score in any game. Any score with a differential of more than 6 will be reviewed.
- U4-U8 can have a max of 2 coaches on players' side
- U9-U19 can have a max of 3 coaches on players' side
- No jewelry is allowed at all – no tape over earrings
- Kids and parents should be on opposite sides of the field.





Respect for our Referees

- In the state of Texas, we've lost 50% of the referee pool over the past 4 years
- Referees are younger, are learning the game also
- We expect coaches to know this, we need parents to understand
- **These are KIDS. This is a GAME. Coaches are VOLUNTEERS. Referees are HUMAN.**

Please review the following links and forward along to your parents.

- **Parent Removal**
- **Terrible Parent**

Abuse is not tolerated: Referees will stop play due to unacceptable parent or coach behavior.

Referees will ASK, CAUTION, REMOVE anyone who violates our standards of conduct.

Game Infractions

YELLOW CARD

- Tripping
- Hand ball
- Tackle from behind
- Interference
- Shirt pulling
- Pushing
- Dissent

Immediately substitute player upon receiving yellow card to avoid possibility of a red due to “dissent” and to discuss the infraction with the player. Note that a second yellow results in same penalty as red card for the player.

RED CARD

- Dangerous foul
- Violence
- Spitting
- Intentional hand ball
- Foul denies goal opportunity
- Offensive, insulting, abusive behavior
- Second caution (yellow)

If red card given, player is ejected and sits out remainder of game as well as next game. But must attend next game in uniform and referee signs paperwork.

Multiple infractions during the season may result in disciplinary actions including sitting out games or removal from the league.



GSSA Coach Expectations

- We have high expectations of GSSA coaches – one of the largest leagues in the region, you and your team reflect our community
- Please lead by example – don't underestimate your influence on players and parents – this includes respecting our referees
- Please respect our facilities
 - It is our responsibility as coaches and players to keep all practice and game fields & complexes clean. Please pick up water bottles, wrappers, caps as warranted.
 - If excess littering is detected at MM or OG, contact Nirav
 - If excess littering is detected at Bob Jones, contact David
- **You must wear your Coach ID Badge when at practice and games, all associations and facilities**
- **In addition, have your game documents complete and printed**
- **U9+ enter scores via Got Soccer within 24 hours**
- **Any questions please work through your AGC**





Age Group Details



General Rules U4 - U8

- Soccer is often the first organized sport kids play, so you have an opportunity to keep a positive environment
- There is no score kept or team ranking at the U4 – U8 level
- As coaches, you are here to help them love the beautiful game.
- Purpose of play is – fun & player development
- This is a recreation league – not competitive
- Help players learn, respect the game and participants through sportsmanship



Grapevine Southlake Soccer Association

GAME PLAY U4/U5

- Each session will combine a 30-minute practice session followed immediately by 30 minutes of 4V4 games.
- There are no additional practice times.
- Teams max roster is 8 players, each plays 50% game
- Only the Coaches are allowed on the field during the 4v4 game. Parents must be on opposite side of the field from the bench.
- Games will be at Bob Jones Park in Southlake.
- U4/U5 will usually play at 9:00am and 10:30am, but times are subject to change
- Have your kids arrive 10-15 minutes early.
- Shin guards are mandatory, and cleats are preferred.
- Report disruptive behavior to AGC

Mini Jogo	U4/U5
Field Size	25x35
Players on field	4v4
Goalkeepers	No
Playing Times	30 min
Break Time @ Qtr	3 min
Break Time @ Half	5 min
Substitution ¹	As needed
Ball Size	3
Goal Size (ft)	4x6
Build-out Line	No
Offsides	No
Indirect Kick	Yes
Direct Kick	No
Penalty Kick	No
Heading Allowed	No
Slide Tackling	No
Player Cards	No



Grapevine Southlake Soccer Association

GAME PLAY U6

- Spirit of the game: The idea is to learn how to play and be involved in the game. It IS NOT just about scoring.
- There are no goalies. Defending (no hands) is allowed, but defenders are encouraged to get into the whole game and not “camp out” in front of the goal.
- Substitutions allowed at end of quarters or for an injury
- Throw ins, goal kicks & corners are part of the game. Players must be allowed space to complete a restart of play.
- While there are no referees in U6, we want our players to be prepared for referees in the Fall of their U7 season. Please call penalties and help them learn what to expect.
- Meet with opposing coach before the game to agree on details.
- Shin guards are mandatory, and cleats are preferred.
- Report disruptive behavior to AGC.

GSSA League	U6
Max Field Size (yds)	25x35
# of Players	4V4
Goalkeepers	No
Playing Times	4x8 min
Break Time @ Qtr	3 min
Break Time @ Half	5 min
Substitution ¹	@Qtrs ²
Ball Size	3
Goal Size (ft)	4x6
Build-out Line	No
Offsides	No
Indirect Kick	Yes
Direct Kick	No
Penalty Kick	No
Heading Allowed	No
Slide Tackling	No
Player Cards	No



Grapevine Southlake Soccer Association

GAME PLAY U7/U8

- If no ref, someone other than a coach should be recruited.
- Treat referees respectfully and handle disputed calls professionally (if at all at this age). Many of the referees are young teens, treat them how you would want your child treated in the same situation.
- Be mindful of behavior (coach and parents) in front of youth players and spectators.
- Substitutions allowed at end of quarters or for injury.
- Shin guards are mandatory, and cleats are preferred.
- Please be aware that slide tackling and “heading” the ball is prohibited. Do not practice this.
- Unprofessional behavior will result in A&D hearings. (ESPECIALLY COACHES).
- Report disruptive behavior to the AGC.

GSSA League	U7/U8
Max Field Size (yds)	25x35
# of Players	4v4
Goalkeepers	No
Playing Times	4x10 min
Break Time @ Qtr	3 min
Break Time @ Half	5 min
Substitution ¹	@Qtrs ²
Ball Size	3
Goal Size (ft)	4x6
Build-out Line	No
Offsides	No
Indirect Kick	Yes
Direct Kick	No
Penalty Kick	No
Heading Allowed	No
Slide Tackling	No
Player Cards	No



Grapevine Southlake Soccer Association

GAME PLAY U9/U10

- The primary reason we are involved in recreational soccer is to have fun and provide an opportunity for our youth to learn and develop a passion for the sport.
- Each coach is responsible for calling in his/her own game scores to the number on the game report/NMCSL website schedule tab. Win = 3 points, Tie = 1
- Away games across NMCSL sites.
- U9 & U10 will play 7v7 (6 plus Keeper).
- Substitutions allowed on throw-ins, goal kicks, after a score or for an injured player.
- Please be aware that slide tackling and "heading" the ball is prohibited.
- Please review the NMCSL bylaws available on NMCSL website. Be familiar rules differences between U8 and U9, there are several of them.
- Report disruptive behavior to AGC

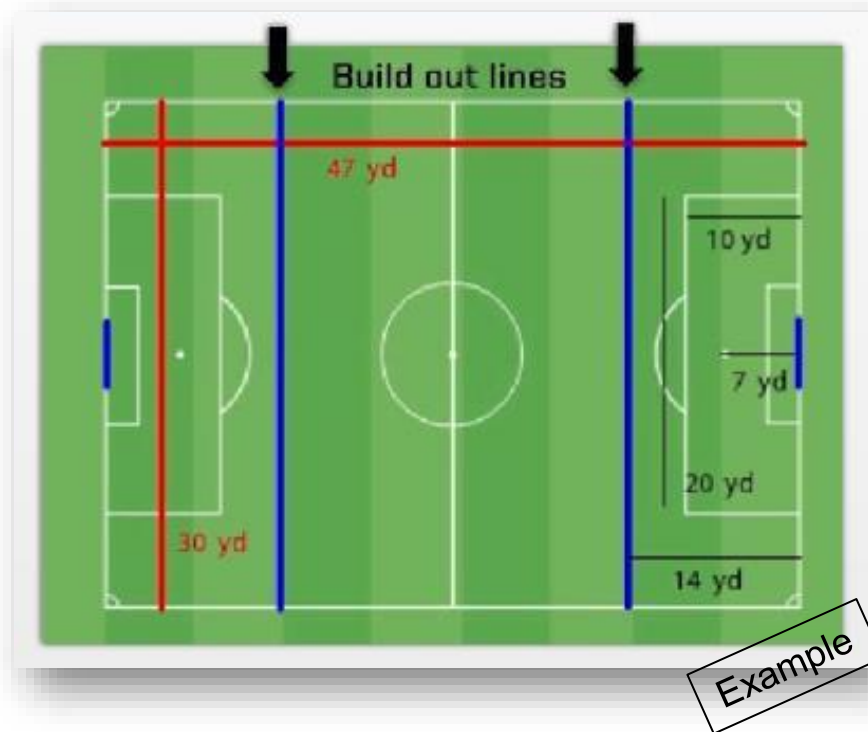
NMCSL	U9-U10
Max Field Size (yds)	45x65
# of Players	7v7
Goalkeepers	Yes
Playing Times	2x25 min
Break Time @ Qtr	-
Break Time @ Half	5 min
Substitution ¹	Yes
Ball Size	4
Goal Size (ft)	6x18/6x12
Build-out Line	Yes
Offsides	Yes
Indirect Kick	Yes
Direct Kick	Yes
Penalty Kick	Yes
Heading Allowed	No
Slide Tackling	No
Player Cards	No



NEW FOR U9/U10 PLAY

Build Out Lines

- Used to promote playing the ball out of the back in a no pressure setting.
- When the goalkeeper has the ball, either during play or from a goal kick, the opposing team must move behind the build out line.
- The goalkeeper may then pass, throw or roll the ball to a teammate (no punting).
- Once the ball is in play, the opposing team may cross the build out line and play resumes.



Grapevine Southlake Soccer Association

U9-U19 GAME REPORTS

Unacceptable

Handwritten game report for U9-U19. The report is marked as unacceptable with a large red 'X' over it. It lists players: 11 Tony, 14 Michael, 8 Landon, 7 Christian, 5 Brandon, 10 Carlos, and 12 Aidan. It also lists coaches: Coach 11 and Coach 12. The report is signed by Coach 11 and Coach 12. The report is marked as unacceptable with a large red 'X' over it.

Properly completed

Printed game report for U9-U19. The report is titled "GSSA YOUTH REC SPRING 2022" and "Game#: 287". It lists the field as "GSSA Bob Jones: Bob Jones #3C" and the date as "02/26/22". The time is "09:00AM CST". The report is signed by Coach 11 and Coach 12. The report is marked as properly completed.

ID	Name	DOB	Yellow	Red
1 8431041	Hannah Ballard	12/18		
2 5984135	Keagan Biegel	02/18		
3 3614602	Isla Cole	03/18		
4 9077059	Eliah Galluzzo	03/18		
5 3357127	Adeline Jones	03/18		
6 8427544	Wyatt Nelson	08/18		
7 6026125	Walker Padron	11/18		

ID	Name	DOB	Yellow	Red
1 2034789	Harrison Brunelle	09/18		
2 2641791	Nora Burnett	01/18		
3 2571122	Camille Cox	08/18		
4 8472962	Kyle Gedwed	05/18		
5 3483110	Autry Kingspoom	10/18		
6 2968102	Kai Kolberg	03/18		
7 3329787	William Roderick	02/18		

- NMCSL Game Reports are printed from your GotSport account.
- Instructions will be posted before games begin.
- You MUST record your scores after EVERY game
- Home and Away. Codes are on your report.

GAME PLAY U11/U19

- Coaches must display their coach's ID card at all games! Those without ID's will be asked to leave if there are multiple coaches, and the coach will be suspended for the next game by NMCSL officials. You also must have a signed copy of your team roster at all games.
- U11 and U12 will play 9v9.
- U13 and older will play 11 v 11.
- Substitutions allowed on throw-ins, goal kicks, after a score or for injured player.
- Please be aware that "heading" the ball is prohibited for U11 and U12.
- All players U13 and older are required to have a Picture ID card (or a picture roster) available at the field for each game. These are to be presented to the referee prior to the start of the game.
- You will need to have the typed NMCSL game report filled out to hand to officials with the player cards (U13-U19) prior to being allowed to start the game.
- Report disruptive behavior to AGC



Grapevine Southlake Soccer Association

U11/U19 GAME AT A GLANCE

NMCSL				
	U11-U12	U13-U14	U15-U16	U17+
Max Field Size (yds)	55x80	75x112	75x112	80x112
# of Players	9V9	11v11	11v11	11v11
Goalkeepers	Yes	Yes	Yes	Yes
Playing Times	2x30 min	2x35 min	2x40 min	2x45 min
Break Time @ Qtr	-	-	-	-
Break Time @ Half	5 min	10 min	10 min	10 min
Substitution ¹	Yes	Yes	Yes	Yes
Ball Size	4	5	5	5
Goal Size (ft)	6x18/7x21	8x24	8x24	8x24
Build-out Line	No	No	No	No
Offsides	Yes	Yes	Yes	Yes
Indirect Kick	Yes	Yes	Yes	Yes
Direct Kick	Yes	Yes	Yes	Yes
Penalty Kick	Yes	Yes	Yes	Yes
Heading Allowed	No	Yes	Yes	Yes
Slide Tackling	Yes	Yes	Yes	Yes
Player Cards	No	Yes	Yes	Yes



Grapevine Southlake Soccer Association

CONTACTS GSSA BOARD & STAFF

President	Justin Hibbs	president@gssasoccer.org
Past President	Mitch Wegner	pastpresident@gssasoccer.org
Referee Commissioner	Tony Debruno	tdebruno@aol.com
GV Fields Commissioner	Nirav Assar	nirav_p_assar@yahoo.com
SL Fields Commissioner	David Cerami	dlc@ceramigroup.com
Equipment Commissioner	Nirav Assar	nirav_p_assar@yahoo.com
U4/U5 Age Commissioner	Stephanie Ola	u4u5commissioner@gssasoccer.org
U6 Age Commissioner	Stephanie Ola	U6commissioner@gssasoccer.org
U7/U8 Age Commissioner	Claudia Walters	U7U8commissioner@gssasoccer.org
U9-19 Age Commissioner	Jason Rasmussen	jrasmussen@gssasoccer.org
Adult Commissioner	Paul Phillips	paulphillips3rd@gmail.com
Registrar	Ellen Weaver	info@gssasoccer.org
<i>Interested in volunteering?</i>	<i>Email us!</i>	<i>info@gssasoccer.org</i>



GSSA INFORMATION

ADDRESS

1001 W. Northwest Hwy, Ste D
Grapevine, TX 76051

HOURS

MWF 10:00 AM - 3:00 PM
Online or by appointment

PHONE

(817) 410-9950

EMAIL

info@gssasoccer.org

WEBSITE

www.gssasoccer.org