

RULES BY GRADE	First	Second	3rd/4th	5th/6th	7th/8th	High School
Length of Qtr. / Half	Qtr - 10 min	Qtr - 10 min	Qtr - 12 min	Halves - 27 min.	Halves - 35 min	Halves - 40 min
Players on field	5	6	Girls - 8 Boys - 9	9	10	11
Keepers?	No	Yes	Yes	Yes	Yes	Yes
Minimum Number of Players	4	5	6	6	7	7
Legal Slide Tackles Allowed	No	No	Yes	Yes	Yes	Yes
Offside Called	No	Yes	Yes	Yes	Yes	Yes
Retake Throw-Ins	1st two games	1st two games	No	No	No	No
Pass Back to Keeper Penalty	No	No	Yes	Yes	Yes	Yes
Direct Free Kicks	Indirect Only	Indirect Only	Yes	Yes	Yes	Yes
Penalty Kicks	No	No	Yes	Yes	Yes	Yes
Substitutions (see Note 1 below)	At quarters	At quarters	At quarters	Open	Open	Open
Distance of PK mark from goal	n/a	8yd (only used in tournament)	9 yd.	10 yd.	12 yd.	12 yd.
Size of Ball	3	4	4	Girls-4 / Boys-5	5	5
Referees Per Game	1	1 or 2	2	2	2	2 or 3
Tournament Played?	No	Yes	Yes	Yes	Yes	Yes

Note 1) - Water Breaks - If the temperature is over 85 degrees have a water break around mid-quarter at a natural stoppage in play.
NO SUBS. CLOCK IS RUNNING.

Heading The ball MAY NOT be intentionally headed in age groups Pre-K to 6th Grade!! An intentional heading of the ball will result in an indirect free kick for the opposing team.

[FIFA 2019 Law Changes - https://bit.ly/2JIVS5u](https://bit.ly/2JIVS5u)

- 1- **Equal Playing Time** - equal playing time is expected. For leagues with quarters, substitutions only occur in-between quarters.
- 2- **Playing Position Rule** - for all leagues except 7/8 and HS, each player must play at least 1 quarter at offense (forward, midfield) and 1 quarter at defense (midfield, back / goalie) each game. (The referees are NOT responsible for enforcing the playing time or position rules.)
- 3- **1st and 2nd Grade:** Goal kicks - On goal kicks the opposing team must go to the half-line and can run into the attacking half of the field when the goal kick is taken.
- 4- **1st and 2nd Grade:** Re-starts on fouls - All restarts on fouls will be an Indirect Free Kick. For fouls in the "box" the ball will be placed on the closest spot on the "18-yard" box.
- 5- **Coaches** are limited to the sideline on their half of the field, and are required to stay on the coaches' side of the field. Limit the number of adults on sideline to a total of three. Coaches are NOT allowed on the field during a game.
- 6- No coaches, parents, or spectators are allowed at the ends of the fields, particularly around the goal areas.
- 7- **Equipment**
 - a) Shinguards are required - no exceptions. These are to be worn under the uniform socks.
 - b) Uniform shirts are to be worn on top of any other clothing and are not to be modified without approval.
 - c) Players are required to wear soccer style shorts (black preferred).
 - d) Cleats are not required, but are permissible. Rubber cleats only, no steel studs, no baseball or football style cleats (cleat in the front of shoe)
 - e) Earrings, hats with hard brims, watches, bracelets, necklaces, or any other items that could cause injury to the player or other players are **NOT ALLOWED**
- 8- **Abuse** of the referees by players, coaches or spectators **WILL NOT BE TOLERATED**. Referees and CDC representatives have the right to eject any abusive individual from the facility. See the CDC Code of Conduct for clarification.
- 9- **Rain Delay or Rain Out** - If half game played it is considered an official game. Game must be completed before start time of the next scheduled game unless last game of day then must be complete within 90 minutes of start time..
- 10- **Yellow Cards** - Player must leave field of play and may return at next dead ball at referees discretion. Team may sub player if they have one.
- 11- **"MERCY RULE"** - after team a team leads by the number of goals listed below they must shoot outside the penalty area (big box), any goal scored inside the penalty area does not count and results in goal kick for the opposing team. (No "mercy rule" in tournament games.)
 - a) 2nd grade league - after team leads by 6 goals
 - b) 3/4 and 5/6 league - after a team leads by 5 goals
 - c) 7/8 and HS league - after a team leads by 4 goals
- 12- High School league has other additional rules and guidelines

Tournament

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| <ol style="list-style-type: none"> 1. Overtime Periods 2. Shoot-Out 3. Playing time 4. Playing position | <p>Only in the championship games, play two OT periods. Switch sides after first period.</p> <p>All tied games (if winner is required) and after final OT period in championship games</p> <p>Equal playing time is still required</p> <p>Playing position rule is NOT required</p> |
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