

Game Guidelines	PreK & K
Length of Qtr	8min; 2-3 min in between qtrs.
Players on field	3 only (recommended to divide into an A and B field based on player ability levels)
Practice	Only practice is during first 15min of each game. No mid week practices at this age.
Keepers?	No
Size Field	50 x 35
Out of Bounds Play	kick or throw (no penalty for bad throw)
Offsides?	Not a rule at this level
Penalty Kicks?	No
Substitutions	Only sub once per qtr if possible
Size of ball	3
Referees?	None - Coaches monitor and direct play

General Rules:

There are 2 fields for each game (A&B). The coach will send 3 players to each field per Qtr. The head coaches should be on opposite fields and have an assistant coach assist the other field. All coaches should work together to ensure the games run smooth and matching up players of similar ability levels in games.

No score is kept in this age level. Please try to control excessive scoring by balancing team. Equal playing time is expected for all kids....number 1 rule!

Keep one game clock for both games to prevent uneven games.

Please use first 15 minutes of game time for a warmup, may run some drills during this time. Start games promptly to prevent delaying next game.

More resources on CDC website: Coaching Manuals, Field Maps, **HAVE FUN!!!**

