



Summer Youth Cheer Camp for grades K-8th



REGISTER AT:
[HTTPS://CHEER.LANCERSPORTS.COM/](https://cheer.lancersports.com/)

COST:
\$70/\$140
PLUS \$5 RYZER FEE

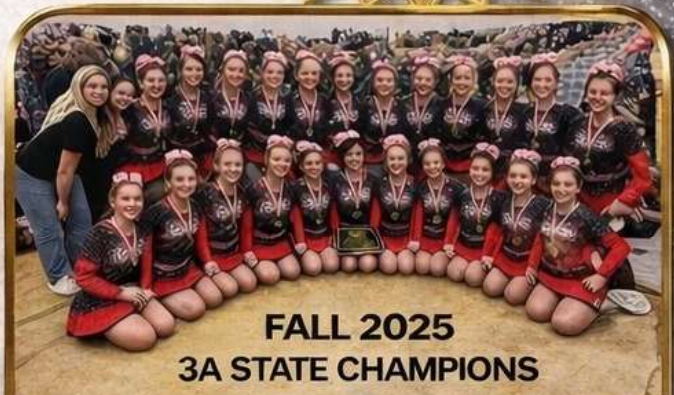
JUNE 29 - JULY 2
9:00AM-1:00PM
TIME VARIES BASED ON GRADE

- **Amy Rumburg:** Varsity Head Coach
2023-2024 State Spirit Coach of the Year
- **Jean Davis:** Assistant Varsity Coach, JV Head Coach
- Held at Linganore High School

Accolades:

- 6-Time State Champions
- 13-Time Regional Champions
- 20-Time FCPS Champions
- Back-to-Back-to-Back State Champions
- Fall 2023, 2024, 2025

**STUNT
TUMBLE
DANCE
HAVE
FUN!**



**FALL 2025
3A STATE CHAMPIONS**

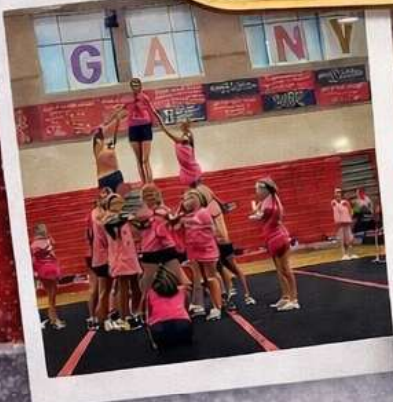
The goal of this camp is to promote the sport of cheerleading and to encourage and instruct athletes to improve their skills.

Linganore High School Sports Boosters
12013 Old Annapolis Rd
Frederick, MD 21701

Contact info: Coach Amy, arumburg@gmail.com



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- ★ **CAMP FEATURES:**
- ★ **SKILL INSTRUCTION (STUNTS, TUMBLING, JUMPS, DANCE, CHEERS)**
- ★ **GAMES AND PRIZES DAILY**
- ★ **TEAM BUILDING**
- ★ **SHOWCASE FOR FAMILY & FRIENDS ON THE LAST DAY**
- ★ **ROYAL ICE ON THE LAST DAY FOR EACH CAMPER**
- ★ **CHEERLEADERS OF THE WEEK**
- ★ **EACH CAMPER WILL GET A TSHIRT**

★ **AUTHORIZATION STATEMENT**

The registered cheer athlete and I/We, parent/guardian, do hereby state that the registered athlete is physically fit to participate in any and all activities of the Linganore cheerleading summer youth cheer camp. The registered cheer athlete and I/We understand there will always be an inherent risk and/or injury associated with participation in any athletic activity and willingly assume all inherent risks and/or injuries during any activities of the cheer camp. The registered cheer athlete and I/We give permission to the Linganore cheerleading staff for emergency first aid, and/or medical treatment to the registered athlete as approved by the camp staff in case of injury and/or illness while participating in the camp. The registered cheer athlete and I/We, parents/guardians, do hereby, in consideration of permitting the registered athlete to willingly participate in the Linganore cheerleading summer youth cheer camp, it's staff, volunteers and/or Frederick County Public Schools.

PROCEEDS FROM THE CAMP MAY BE USED TO PAY COACHES.

THE LINGANORE CHEER SUMMER YOUTH CHEER CAMP IS NOT A LICENSED DAYCARE PROVIDER

**Contact info: Coach Amy,
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