



## U9/10 Week 3 Possession

Category: Tactical: Possession  
Difficulty: Moderate

JASA Coastal Surge, Jacksonville, United States of America  
Individual-Adult Member

### Bull in the Ring (15 mins)



1v1 (2v2) Keep away with neutrals in the outside  
1 minute rounds Switch partner and neutrals for different match ups

### Mass pass (25 mins)



Teams of 3v3 (4v4 or 5v5) play keep away. The first team to 30 (can pick any number) wins passes are non consecutive. Can limit touches and alter size of field.

### possession (40 mins)



1. 5v5 Keep away. No dribbling
2. Each team will play to selected targets. Rotate targets frequently
3. Targets will switch on the fly. Target can dribble on but they must find the 3rd man off the ball(not the player who passed to them)

### Scrimmage (30 mins)



The coach will start the scrimmages. Send half your players to the opposing teams half of the field and half of your players stay on your field. Have your games play 3v3.