

**IESA rules will be followed with the following exceptions:**

Equal playing time is required for all players. The league director can request proof of each kids playing time at their discretion from the coach at any time. Coaches should have a system to keep track of playing time.

We will play two 20 minute periods with a running clock with the clock stopping every 5 minutes for 30 seconds to allow for player substitutions. This is not considered a timeout so substitutions need to be made as quickly as possible. This is the only time substitutions will be allowed unless a player fouls out of the game and needs to be replaced or in the last 3 minutes of the game where substitutions can be made at any time with the use of a timeout. If a team has no timeouts remaining in the last 3 minutes of the game no substitutions will be allowed for that team. The clock will start back up after 30 seconds regardless of whether the players are ready or not. In the last minute of each half the clock will be stopped at all dead balls.

Teams may play zone or man to man defense however no double teaming is allowed outside of the lane. Players can double team inside the lane at any time. Players are required to fall back on defense until the last 10 minutes of the game where full court pressure is allowed for the remainder of the game and overtime.

In the case of a tie game after regulation a 3 minute overtime period will be played to determine a winner. Each team will receive one timeout for overtime.

If a team is being beaten by 30 or more points the scoreboard will be turned off.

Each team gets two timeouts per half that do not carry over. Timeouts will be 45 seconds long.

If a team has players unable to make it to the game that will cause a need for a forfeit, the coach will contact the director to arrange for a player within the level to fill in for the missing player(s). We do not want or encourage any team to forfeit due to lack of players. It isn't fair to the parents who paid or the kids who showed up to play. Please make every effort to accommodate those changes, should they be needed.

Tournament seeds will be determined by records and then head to head matchups at the end of the season

2 technical fouls on a player will result in them being required to sit out the remainder of that game. Future punishment could be administered by the league director.

1st and 2nd place in the tournaments will receive trophies.

Good sportsmanship is required by all coaches, players and fans.

**NTRA**INC.



# 2023 Basketball Rules

Level 4, 6<sup>th</sup>-8<sup>th</sup> Grade

There is a zero tolerance rule in effect for all adults involved with this program including fans and parents of players. Sportsmanship is the first step in developing our young athletes for their future careers. Anyone or anything that seeks to hinder this development will be asked to leave the premises immediately and may not return.

Please call or email with any questions.

Matt Mordhorst, Basketball Director

Cell: 309-253-5834

Email: [ntrabasketball@gmail.com](mailto:ntrabasketball@gmail.com)