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Carolina Football Club - Handbook 2022-23



CAROLINA
FOOTBALL CLUB

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Carolina FC: Excellence in Soccer:

Carolina FC is a 501 (c)(3) charitable organization which offers soccer instruction and competition for boys and girls ages 3 – 18. Established in 1981, the soccer club has grown and evolved as soccer has increased in popularity in the US and South Carolina. CFC is affiliated with US Youth Soccer through the South Carolina Youth Soccer Association.

Proven Success:

CFC players and teams demonstrate consistent success within statewide and regional leagues. They also proudly represent CFC on their high school teams. Many players have gone on to play college soccer at all levels from DI to NAIA with CFC alumni found on the rosters of USC, Winthrop, Lenior-Rhyne, Anderson University, SMC, UNC – Greensboro, USC – Upstate, Limestone, Washington and Lee, Wofford, Converse, Lander, North Greenville University, BJU, Erskine and others.

Why are we different?

At Carolina FC we pride ourselves on our professionalism, the care we show to our players and our families, and the respect afforded to each and every player who enters the CFC Family. We want each player to enjoy their time with the club, be challenged in a positive coaching environment and improve themselves as players and as people as they progress through the CFC player development pathway.



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The Carolina FC Academy and Select Programs: Introduction

The Carolina FC Academy and Select programs are for young players who aspire to achieve excellence in their game. Our emphasis is player-centric with development the number one priority. We focus on the technical, tactical, physical and psychological development of players on a pathway towards maximizing their full potential.

The winning tradition that has been established at Carolina FC is based on each player improving significantly over the time they are with the club. All players will conduct themselves at all times in accordance with the Carolina FC Academy and Select player code of conduct and all players will be treated as equals.

The CFC Coaching staff will be coaches of positive significance in our players' lives. Our coaches will inspire and motivate our players in an atmosphere of respect and honesty versus fear and intimidation and players will be encouraged to think for themselves. Success is achieved through building good habits and having players be accountable for their own development.

Our Academy and Select Programs are divided into three distinct phases

- Academy Program: 2015 - 2011
- Junior Select Program: 2010 - 2009
- Senior Select Program: 2008 – 2004

The Carolina FC Academy Program: Birth Years: 2015 - 2011

The Academy Program is designed for U8 - U12 players as a bridge between the Recreational Program and Select Program. It is ideal for the young player who is taking particular interest in the sport of soccer and appears to be ready for a higher level of training as well as increased expectations. The Academy Program is primarily focused on individual player development; instead of team results. All academy players are trained by a professionally licensed coach. All academy teams will play in the CESA Academy League sanctioned through South Carolina Youth Soccer Association, or equivalent competitive level.

The Carolina FC Select Program: Birth Years: 2010 – 2004

The CFC Select Program offers a tailored curriculum for our U13 – U19 teams and will provide year-round opportunities for 2009 and 2008 (Junior Select) birth years while 2007 to 2003 (Senior Select) will play fall-only due to high school commitments in the spring season. The Carolina FC Select Program is split as a tiered system with players split dependent on ability, attitude, commitment and what CFC believes is the best fit for the player's development. Teams are split into the following tiers

1. Elite
2. Blue
3. Gold
4. Silver

Each tier continues to develop players through the four pillars of player development: technical, tactical, physical and psychological. There will be less movement between each tier of the program however, the CFC staff reserve the right to move players up and down depending on what they feel is best for the individual player's development.

All teams will compete in leagues under South Carolina Youth Soccer with the addition of state and regional leagues/events depending on the level of the group. Teams will compete in various tournaments throughout the year with all players expected to take part. Teams will generally compete in 2 to 4 tournaments per year.



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The Carolina FC Academy and Select Program: Team Calendar

Pre-Academy Program Structure: Birth Year 2015 - 2011

Summer:	June and July, 2022 – CFC Camps, TPT
Fall Season:	August 15 – late Nov
Winter:	Early/Mid Dec, 2022 – Mid January 2023– Technical Performance Training, Futsal
Spring Season:	January 16 through April, 2023
Practices:	Two team session per week (Fall and Spring) One technical session per week (Fall and Spring) One goalkeeper session per week (Fall and Spring)
League Play:	CESA Developmental League
Tournaments:	2 total (1 per season, generally post-season)
Training Location:	Spartanburg, SC – Carolina FC Complex or surrounding area
Game Structure:	7v7

Academy Program Structure: Birth Year 2015 - 2011

Summer:	June and July, 2022 – CFC Camps, TPT
Fall Season:	August 15 – late Nov
Winter:	Early/Mid Dec, 2022 – Mid January 2023– Technical Performance Training, Futsal
Spring Season:	January 16 through April, 2023
Practices:	Two team session per week (Fall and Spring) One technical session per week (Fall and Spring) One goalkeeper session per week (Fall and Spring)
League Play:	CESA Academy League
Team Camp:	Carolina FC Preseason Camp, August 9 - 11, 2022
Tournaments:	4 total (2 per season, generally pre-season and post-season)
Training Location:	Spartanburg, SC – Carolina FC Complex or surrounding area
Game Structure:	U9/U10 play 7v7. U11/U12 play 9v9



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Junior Select Program Structure: Birth Year 2010 - 2009

Summer:	June and July, 2022 – CFC Camps, TPT
Fall Season:	August 15 – late Nov
Winter:	Early/Mid Dec, 2022 – Mid January 2023– Technical Performance Training, Futsal
Spring Season:	January 16 through April, 2023
Practices:	Open and PMSL - 2 team sessions per week, Challenge and Piedmont Conference – 3 team sessions per week (Fall and Spring) One technical session per week (Fall and Spring) One goalkeeper session per week (Fall and Spring)
League Play:	SCYS State League – Games mostly on Sat and Sun.
Team Camp:	Carolina FC Preseason Camp, August 9 – 11, 2022
Tournaments:	4 total (2 per season, generally pre-season and post-season)* *College Showcase and state cup events will incur an additional fee depending on cost, travel, etc.
Training Location:	Spartanburg, SC – Carolina FC Complex or surrounding area
Game Structure:	11 v 11

Senior Select Program Structure: Birth Year 2008 - 2004

Summer:	June and July, 2022 – CFC Camps, TPT
Fall Season:	August 15 – late Nov/early Dec 2022
Winter:	Early/Mid Dec, 2022 – Mid January 2023– Technical Performance Training, Futsal
Spring Season:	High School Seasons, College ID
Practices:	Open and PMSL - 2 team sessions per week, Challenge and Piedmont Conference – 3 team sessions per week (Fall only) One technical session per week and one speed and agility session per week (Fall only) One goalkeeper session per week (Fall only)
League Play:	SCYS State League – Games mostly on Sat and Sun.
Team Camp:	Carolina FC Preseason Camp, August 9 – 11, 2022
Tournaments:	2 total (2 per season, generally pre-season and post-season)* *College Showcase and state cup events will incur an additional fee depending on cost, travel, etc.
Training Location:	Spartanburg, SC – Carolina FC Complex or USC Upstate
Game Structure:	11 v 11 – CFC has a style of play implemented across the club



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Carolina FC Academy and Select Program: Uniform Ordering

Carolina FC is a Generation Adidas club. We would like our players to represent our partnership fully including footwear with the aim to be an adidas club 'head to toe'. Carolina FC has a partnership with Lloyd's Soccer in Greenville that will enhance the player uniform buying experience.

Full kits for will cost approximately \$200. Instructions on ordering your player's uniform will be sent after you accept your position on a team.



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Carolina FC Academy and Select Program: Fees and Payment Policies 2022/2023

Carolina FC has developed an all-inclusive price structure for the 2022/23 seasonal year. With this structure, there will be no team fees for tournaments, coaches travel, referees, etc. Many clubs list one price and then charge another \$50 to \$150 per month, making your fees much higher than their advertised price.

Pre-Academy Program: Birth Years 2016 - 2015

CESA Development League or equivalent

Payment	Cost	Payment Dates
Acceptance Deposit	\$100	48 hours after spot offered
Registration	\$150.00	June 1st
Monthly Payment	\$87.50	1 st of month, July through April
Total	\$1,125.00	

Fees Include

- Coaching Fees
- Referee and League Fees
- Player Insurance Through USYS or US Club Soccer
- Two Team Practices per week
- CFC Preseason Camp
- Player registration
- 2 Tournaments
- Coaches travel expenses
- Field and facility fees
- Administrative costs
- Team League registration

Academy Program: Birth Years 2014 – 2011

CESA Academy League or equivalent

Payment	Cost	Payment Dates
Acceptance Deposit	\$100	48 hours after spot offered
Registration	\$150.00	June 1st
Monthly Payment	\$107.50	1 st of month, July through April
Total	\$1,325.00	

Fees Include

- Coaching Fees
- Referee and League Fees
- Player Insurance Through USYS or US Club Soccer
- Two Team Practices per week
- Technical Sessions
- CFC Preseason Camp
- Player registration
- 4 Tournaments
- Coaches travel expenses
- Speed and Agility Sessions
- Preseason Friendlies
- Administrative costs
- Team League registration
- Field and facility fees
- Goalkeeper Sessions

Junior Select Program: Birth Years 2010 - 2009

Open League and PMSL Level Teams

Payment	Cost	Payment Dates
Acceptance Deposit	\$100.00	48 hours after spot offered
Registration	\$200.00	June 1st
Monthly Payment	\$122.50	1 st of month, July through April
Total	\$1,525.00	

Fees Include

- Coaching Fees
- Referee and League Fees
- Player Insurance Through USYS or US Club Soccer
- Two Team Practices per week
- Technical Sessions
- CFC Preseason Camp
- Player registration
- 4 Tournaments
- Coaches travel expenses
- Speed and Agility Sessions
- Preseason Friendlies
- Administrative costs
- Team League registration
- Field and facility fees
- Goalkeeper Sessions



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Junior Select Program: Birth Years 2010 - 2009

Challenge Level Teams

Payment	Cost	Payment Dates
Acceptance Deposit	\$100.00	48 hours after spot offered
Registration	\$200.00	June 1st
Monthly Payment	\$142.50	1 st of month, July through April
Total	\$1,725.00	

Fees Include

- Coaching Fees
- Referee and League Fees
- Player Insurance Through USYS or US Club Soccer
- Two Team Practices per week
- Technical Sessions
- CFC Preseason Camp
- Player registration
- 4 Tournaments
- Coaches travel expenses
- Speed and Agility Sessions
- Preseason Friendlies
- Administrative costs
- Team League registration
- Field and facility fees
- Goalkeeper Sessions

Junior Select Program: Birth Years 2010 - 2009

Piedmont Conference/National League

Payment	Cost	Payment Dates
Acceptance Deposit	\$100.00	48 hours after roster spot offered
Registration	\$200.00	June 1st
Monthly Payment	\$152.50	1 st of month, July through April
Total	\$1,825.00	

Fees Include

- Coaching Fees
- Referee and League Fees
- Player Insurance Through USYS or US Club Soccer
- Two Team Practices per week
- Technical Sessions
- CFC Preseason Camp
- Player registration
- 4 Tournaments
- Coaches travel expenses
- Speed and Agility Sessions
- Preseason Friendlies
- Administrative costs
- Team League registration
- Field and facility fees
- Goalkeeper Sessions



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Senior Select Program: Birth Years 2008 – 2004

Open and PMSL Level Teams

Payment	Cost	Payment Dates
Acceptance Deposit	\$100.00	48 hours after roster spot offered
Registration	\$200.00	June 1st
Monthly Payment	\$142.00	1 st of month, July through November
Total	\$1,025.00	

Fees Include

- Coaching Fees
- Referee and League Fees
- Player Insurance Through USYS or US Club Soccer
- Two Team Practices per week
- Technical Sessions
- CFC Preseason Camp
- Player registration
- 4 Tournaments
- Coaches travel expenses
- Speed and Agility Sessions
- Preseason Friendlies
- Administrative costs
- Team League registration
- Field and facility fees
- Goalkeeper Sessions

Senior Select Program: Birth Years 2008 – 2004

Challenge Level Teams

Payment	Cost	Payment Dates
Acceptance Deposit	\$100.00	48 hours after roster spot offered
Registration	\$200.00	June 1st
Monthly Payment	\$182.00	1 st of month, July through November
Total	\$1,225.00	

Fees Include

- Coaching Fees
- Referee and League Fees
- Player Insurance Through USYS or US Club Soccer
- Two Team Practices per week
- Technical Sessions
- CFC Preseason Camp
- Player registration
- 4 Tournaments
- Coaches travel expenses
- Speed and Agility Sessions
- Preseason Friendlies
- Administrative costs
- Team League registration
- Field and facility fees
- Goalkeeper Sessions

Senior Select Program: Birth Years 2008 – 2004

Piedmont Conference/National League

Payment	Cost	Payment Dates
Acceptance Deposit	\$100.00	48 hours after roster spot offered
Registration	\$200.00	June 1st
Monthly Payment	\$202.00	1 st of month, July through November
Total	\$1,325.00	

Fees Include

- Coaching Fees
- Referee and League Fees
- Player Insurance Through USYS or US Club Soccer
- Two Team Practices per week
- Technical Sessions
- CFC Preseason Camp
- Player registration
- 4 Tournaments
- Coaches travel expenses
- Speed and Agility Sessions
- Preseason Friendlies
- Administrative costs
- Team League registration
- Field and facility fees
- Goalkeeper Sessions

Tournament Fees

Over the course of the year your team will compete in various tournaments that are paid for in your yearly tuition. Please note that any additional tournament, college showcase events, state cup event (Challenge State Cup, PMSL State Cup, Open Cup), USYS Regionals and USYS Nationals will incur an additional fee. These tournament fees vary depending on the amount of additional events your team participates in, the cost of those events and the amount of travel.

The only time CFC will adjust a tournament fee is when the coach decides to leave a player out of a tournament squad. Players electing to not participate in a tournament will not receive a refund of any kind. Travel expenses for players are not included in program cost.



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Carolina FC Payment Policies

- The \$100 acceptance deposit must be paid within 48 hours of being offered a roster spot. Your registration fee is due on June 1. Payment 1 is due on July 1. If any fees or payments need to be spaced out into payments, please contact us at treasurer@carolinafc.net.
- Fees are collected in advance due to many of our expenses associated with the Academy and Select Program being payable in advance.
- Carolina FC operates a strict No Refund Policy, except in the case of a season-ending injury.
- Payment Plans and Financial Aid are provided on a demonstrated-need basis. Financial Aid and Payment Plan requests must be submitted and agreed upon in advance of payment deadlines. All families receiving Financial Aid will be required to participate in the Work to Play program. For more information, please contact us at treasurer@carolinafc.net.
- If you are provided with Financial Aid, families will be automatically placed on a monthly payment plan to be charged on the 1st of each month. All Financial Aid applications should be sent to treasurer@carolinafc.net by the deadlines noted below.
- All players need to have their Financial Aid forms in by the last day of tryouts in that player's age group.
- Players released to join another club will be billed for the remaining balance of the 2022/23 Season with the credit card on file.



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Carolina FC Academy and Select: Registration

This page will guide you through the registration process, which MUST be completed to confirm your roster spot.

Step 1: Please click on the registration link provided in your acceptance email. This will take you through to Carolina FC's Sports Connect registration system. If you have a current Sports Connect account, please enter your username and password. If you do not have an account with Sports Connect, please create one that can be used moving forward. This is a mandatory phase of registration.

Step 2: Please complete the questions regarding player and family contact information and any additional questions.

Step 3: Please choose your payment option which will be one of the following:

1. Pay Tuition in Full: Players receive 5% discount off their fees when selecting this option.
2. Automatic Payment Plan: Your credit card will automatically be charged at the pre-determined payment dates.

In our efforts to continue to provide exemplary soccer training to your child, we will continue to work diligently with you by sending periodic notifications about your payment status. If your account becomes delinquent after a 30-day grace period, we reserve the right to apply late fees to your account. After the 30-day grace period a \$50.00 late fee attributed to your payment. In the event of an unprocessed or returned payment, any charges incurred by CFC will be added to your account.

At this stage of the registration process, you will be required to complete your first payment. If you require a different payment method or need to apply for financial aid on acceptance to the program please contact treasurer@carolinafc.net.

Step 4: You will be asked to electronically acknowledge/sign off on the following agreements:

- Waiver and Medical Release
- Talent Release
- Code of Conduct
- No Refund Policy
- Upload copy of Birth Certificate and Headshot

Step 5: Electronically sign and your registration is complete!



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Carolina FC Academy and Select Program: Directory and Communication Protocol

Every CFC team will have the following organizational structure

Head Coach: Responsible for all soccer specifics, the team calendar, training and communicating effectively with each and every family

Team Manager: Responsible for communication of all team logistics and provides administrative support to the Head Coach. The Team Manager has no input on any soccer-related matters.

Directors: Responsible for overseeing all team matters within their specific division.

Carolina FC Executive Director	Rafe Mauran	rafe@carolinafc.net
Carolina FC Select Director	Colin Francis	c.francis5@icloud.com
Carolina FC Academy Director	Amer Resumovic	amer.resumovic@gmail.com
Carolina FC Director of Youth Player Development	Amer Resumovic	amer.resumovic@gmail.com
Carolina FC Director of Summer Elite Program	David Robinson	dmrob1992@gmail.com
Carolina FC Director of Goalkeepers	Evan Rogers	evan_rogers@bellsouth.net

Carolina FC has implemented a program from a communication perspective called the C.A.R.E. initiative.

C	Communication
A	Accountability
R	Respect
E	Exceed Expectations

Head coaches are expected to communicate effectively with each and every player and family throughout the season to ensure there is always clarity in the decision-making process and organization if any last minute changes should arise.

Head coaches will be communicating regularly with parents and players on the team. The protocol will be

Weekly Emails:	Coaches should send a minimum of 1 email per week to their team during the season.
Pre-Season Meeting:	Needs to be attended by players and at least 1 parent.
Monthly Team Meeting:	Needs to be attended by players and at least 1 parent.
Game Reports:	Follow-up report on weekend games and tournaments.
Player Evaluations:	End of season individual player evaluations.

Players should be clear on the areas that they do well in and on areas where improvement is needed. There should be no surprises at the end of year evaluation. If a parent wishes to discuss a soccer related question with the Head Coach, they should arrange a specific time to speak on the phone or meet with the Head Coach in person. It is against club policy for a parent to approach a Head Coach directly after a game. Generally, a 24 hour grace period should be observed.



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2022 – 23 Carolina FC Coach and Team Directory

Boys Teams	Level	Coach	Girls Teams	Level	Coach
2015 Boys Blue	Academy/CESA	Amer Resumovic			
2014 Boys Blue	Academy/CESA	Amer Resumovic	2014 Girls Blue	Academy/CESA	Mark Laudensberger
2013 Boys Blue	Academy/CESA	Rob Depaol			
2012 Boys Blue	Academy/CESA	Nick Finotti	2012 Girls Blue	Academy/CESA	David Robinson
2012 Boys Gold	Academy/CESA	Amer Resumovic			-
2011 Boys Blue	Academy/CESA	Michael Stratford	2011 Girls Blue	Academy/CESA	Taylor Lewis
2011 Boys Gold	Academy/CESA	Morris Kamara			
2010 Boys Elite	PMSL	Nick Finotti	2010 Girls Elite	PMSL	Mark Laudensberger
2010 Boys Blue	Open	Jorge Santos	2010 Girls Blue*	Open	Chappie Powell
2009 Boys Elite	PMSL	Morris Kamara	2009 Girls Elite	National League/Challenge	Sharif Saber
2008 Boys Elite	Challenge	David Robinson	2008 Girls Elite	PMSL	Jorge Santos
2008 Boys Blue	Open	Rob Depaol	2008 Girls Blue*	PMSL	Adam Payne
2007 Boys Elite	Challenge	David Pereira	2007 Girls Elite	PMSL	Eduardo Chen
2006 Boys Elite	National League	Colin Francis	2006 Girls Elite	Challenge	Jorge Santos
2006 Boys Blue	PMSL	Jake Douvas	2006 Girls Blue*	Open	Bryan Adams
2005 Boys Elite	Challenge	Doug Smith	2005 Girls Elite	Challenge	Taylor Lewis
2004 Boys Elite	National League	David Pereira	2004 Girls Elite	National League	Rick Parlow