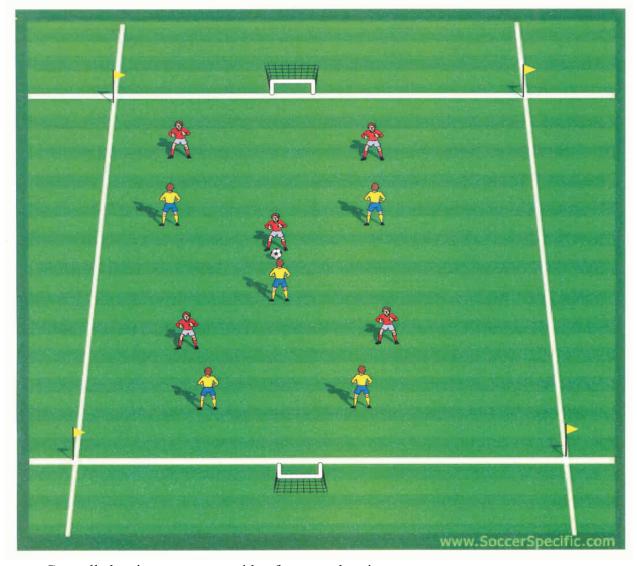
Goals, Goals



Purpose: Controlled scrimmage game with a focus on shooting

Organization

- 1. Two teams play a normal scrimmage, with the exception of no goalkeepers and no throw in's
- 2. Instead you play kick in's
- 3. If the ball goes behind the goal, it automatically goes to the other team
- 4. Once a goal has been scored the team who scored keeps possession and attacks the other goal
- 5. Game is played for seven minutes, winning team is the team who scores the most goals

Coaching Points

- 1. Look for space (spread out)
- 2. Look for the open players, keep moving look for space
- 3. Keep the ball if no passing lanes are open