



2022-2023 PRACTICE SCHEDULE

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	6PM	7PM	6PM	7PM	6PM	7PM	6PM	7PM	6PM	7PM
MAIN GYM	6th Co-Ed	4th Girls	3rd Black	5th Black	6th Co-Ed	4th Black	3rd Red	4th Red	5th Red	OPEN
SMALL GYM	4th Black	5th Red	3rd Red	4th Red	OPEN	4th Girls	3rd Black	OPEN	5th Black	OPEN

REMINDERS:

- * Parents are required to walk their child inside and wait until their coach arrives and walk inside to pick their child up.
- * Please drop off and pick up your child on time. No one will be allowed in the school until the coach arrives. The coach cannot leave until all players are picked up.
- * Please be respectful to other teams. Start & End your practice session on time. Please sit in the sideline until your practice starts. Do not dribble or shoot basketball.
- * Remind the players when playing/practicing at Richland gym that this is their school. NO vandalism, NO running in the hallways, and clean up after themselves.
- * Only Head coach, assistant coach, and players are allowed on the court, before and during every game/practice. There will be NO sibling/friends shooting around at any time.